

# USA Swimming 2008 Speedo Championship Series Western Zone Gold Summer Sectional Championship July 16-17-18-19-20, 2008                      Bakersfield, CA

Held under USA Swimming & Central California Swimming Sanction # S2708AK

Time Trial Sanction # S2808AK

Host: Bakersfield Swim Club

Information: [www.bakersfieldswimclub.org](http://www.bakersfieldswimclub.org) or [www.centralcalswim.org](http://www.centralcalswim.org)

Time: Wednesday July 16 – 4:00 PM (Timed Final)  
Thursday July 17 to Sunday July 20, 2008 – Preliminaries 9:00 AM, Finals 6:00 PM or no sooner than 2 hours after completion of preliminaries, which ever is later.

Location: California State University, Bakersfield. 9001 Stockdale Highway, Bakersfield California. Please enter on south end of campus off of Camino Media, parking available south of the pool

Pool Open: Wednesday July 16, 2008                      Noon  
Thursday July 17– Sunday July 20                      6:30 AM and tentative 4 pm finals

Facility: Eight competitive lanes in a 50 meter x 25 yard pool with a variable depth of 6 ½ feet to 14 feet. Warm up/swim down is also available in a separate six (6) lane 25 yard pool. Colorado Timing & Scoreboard(s) will be used. Facility has the capabilities to operate from both ends of the pool.

Rules: Current USA Swimming rules will apply and the National Championship procedures will govern. All swimmers must be 2008 registered members with USA Swimming. Coaches must present USA Swimming credentials when requested. Swimmers in the 800 meter free and the 1500 meter free must provide their own timer and, if desired, lap counter and lap counting device.

Coaches Meeting: There will be a coaches meeting at the venue site at 3:45 pm on Wednesday, July 16, 2008. A representative from every team must attend. The scratch deadline for Thursday's events will be 4:30 PM on Wednesday.

Format: This is a preliminary and finals meet with the preliminaries beginning each day at 9:00 AM. Finals each day will begin at 6:00 PM, or no sooner than 2 hours after completion of preliminaries, which ever is later. For all events there will be a Bonus, Consolation, and Championship Final in that order with the exception of the 1500 meter freestyle, 800 meter freestyle and the Relays which will be swum as timed finals. The fastest women's and men's heat of the 1500 will be swum in the finals on Sunday. All other heats of the 1500 will swim fastest to slowest alternating women and men after the conclusion of the preliminaries. Upon checking in, an AM or PM designation will be available for those swimming in the 1500 meter freestyle. The 800 meter freestyle will swim on Wednesday at 4:00 PM seeding fastest to slowest alternating women and men. All preliminary heats will be swum fastest to slowest. The preliminary heats of the 400 meter freestyle and the 400 meter Individual Medley will swim alternating women and men fastest to slowest. Relays will have an AM or PM designation at check in. Finals relay order: fastest two women's heats then the fastest two men's heats then alternating fast to slow women and then men.

Competitors: Open to USA Swimming registered swimmers who met the qualifying times from the following LSC's: Southern California, Sierra Nevada, San Diego Imperial, Central California, & Pacific Swimming

Special Note: At the discretion of the Meet Referee and host club, the meet may be swum in 'A' and 'B' flights. There will be 7 preliminary heats of each event in the A flight followed by a brief break and continuing into the B flights for the remaining heats. All preliminary heats of both A and B flights will be swum fast to slow. If entries warrant the preliminaries will run "in chase" from both ends of the pool.

Entry Media: All entries must be received through one of two media before the **entry deadline of Tuesday, July 8, 2008.** **All entries shall be submitted electronically.** You may either enter via the USA Swimming On-Line Meet Entry (OME) system at [www.usaswimming.org/OME](http://www.usaswimming.org/OME) or via Hy-Tek Team Manager entries. Hy-tek (SDIF files) are to be sent either via email with entry file, meet entry report, and relay report as attachments to [val@bakersfieldswimclub.org](mailto:val@bakersfieldswimclub.org) or via diskette or CD mailed to the address below before the entry due date. Please use the event file as provided on the CCS website (SWIM MEETS BUTTON) for Hy-tek entries. All mailed entries must include a printout of your entries.

Entry Rules: Swimmers may enter as many events as they have qualified for. Swimmers are limited to compete in three (3) events per day including time trials and are limited to six (6) individual swims for the entire meet. A swimmer with five (5) or fewer entered events may enter up to one (1) bonus event if they have achieved the bonus entry time standard (label "B" on entry form). Please indicate on the entry form whether the entry time is short course yards (Y) or long course meters (L). Bonus events should be entered with best yard or meter time and labeled (YB) or (LB). All entry times must have been achieved between May 1, 2007 and the entry deadline (see exception in "Late Cuts" section).

**Relays:** A team may not enter more than two (2) relays in each event. The relay proof of time form must be completed by using a team or aggregate. A swimmer may only be used once to prove a relay time. Relay only swimmers must be included on the master team entry form. Relay teams must positively check in prior to the scratch deadline. At check in, teams will be asked an AM or PM designation. However, at the discretion of the Meet Referee, relays may be contested only after finals Friday through Sunday

**Proof of Time:** This is a proof of time meet. The meet host will verify all entries against the USA Swimming SWIMS times database. An unverified entry time must be proven by the scratch deadline or the swimmer or relay will be scratched from that event. Only swimmers and /or relay teams with verified times will be seeded. Entry times not proven by the scratch deadline shall be subject to the "Responsibility Clause" in the USA Swimming Rules & Regulations (207.8.3)

**Check In & Scratches:** Scratching events requires the use of the scratch card for all events. In order to be seeded, positive check in for the 800 free, 1500 free and all relays is required. Scratch deadline for the 800 meter freestyle is 3:30 PM or 30 minutes prior to the start of the 800 freestyle. The scratch deadline for Thursday's events will be at 4:30 PM on Wednesday. All other days the scratch deadline will be at 6:30 PM on the day before. A swimmer who fails to scratch and 'no shows' a preliminary event or a timed final event, will be removed from the rest of that day's individual and relay events, plus the swimmer must positively check in for all of their individual events on all subsequent days by the scratch deadline for that day to be seeded. A Swimmer who fails to scratch and 'no shows' a final will be removed from the meet.

**Meet Referee:** The Meet Referee is John Julian. He will be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to the Meet Referee. (559) 322-6350, email: [jjulian@comcast.net](mailto:jjulian@comcast.net)

**Entry Fees:** \$10.00 per individual event. \$20.00 per relay team entered. Time trials are \$10.00 per swim. All fees must accompany the entry forms. No refunds. **Make Checks payable to: Bakersfield Swim Club**

**Entry Deadline:** **Entries must be received by Tuesday July 8, 2008.** If you are sending a disk or CD, rather than Email, next day delivery service with tracking is recommended. You must sign 'no signature required' on shipping label. No late entries will be accepted. Entries Sent US Postal mail should be sent to:

Sectional Entries	Non USPS (Next Day) Mailings to:
Bakersfield Swim Club	Keith Moore
P.O. Box 9939	5205 Secretariat Ln.
Bakersfield, CA 93389	Bakersfield, CA 93312

**Late Cuts:** New (not updated) qualifying times achieved on the weekend of July 12-13 may be entered through the Administrative Referee at the qualifying meet. Submit the entries via email to the Bakersfield Swim Club at [val@bakersfieldswimclub.org](mailto:val@bakersfieldswimclub.org) no later the Sunday night, July 13, 2008. A confirmation phone call can be made to Val Kalmikovs at (661) 637-1403. Fees are to be paid upon arrival at the Sectional Meet.

**Time Trials:** Time Trials will be available for swimmers entered into the meet including relay only swimmers. Time trials will run according to the National Championship Meet Procedures. Time Trials will begin after the conclusion of the preliminaries. Swimmers may compete in a maximum of two (2) time trials. Swimmers must provide their own timers and if appropriate, lap counter and a lap counting device. Time trials for the 800 meter free are available on Wednesday and time trials for the 1500 will be available on Sunday only. Time Trials on Sunday will be available with time permitting.

**Awards:** Team awards: first through third place in each division. Large, Medium, and Small Team Division will be based on number of swimmers entered in individual events. High point award: The top male and female swimmer. Individual event awards: first through eighth place. Relays awards: first through third place. Scoring to be as follows: 32-28-27-26-25-24-23-22; 20-17-16-15-14-13-12-11; 9-7-6-5-4-3-2-1, relay scoring will have double the point value. Divisional scoring will be based on the 24 places and the point you earn will be applied towards your teams overall score in team's division. No tiered Scoring by Division. There will be "Coach of the Meet" award to be balloted on the final day of the meet during the preliminaries.

**Officials:** This is a USA Swimming Officials National Qualifying Meet. You may find an application to officiate at [www.centralcalswim.org](http://www.centralcalswim.org) and may find an application for evaluation at [www.usaswimming.org](http://www.usaswimming.org) . Please direct all questions to the Central California Swimming Officials Chair: Renée Patterson [renee.patterson@comcast.net](mailto:renee.patterson@comcast.net)  
Schedule of Official's Briefings  
 Official's Briefing on Wednesday, July 16, 2008: 2:30 PM to 3:30 PM (required for all officials)  
 Official's Briefing Trials: Begins at 8:00 AM (required for all officials)  
 Official's Briefing Finals: Begins at 5:00 PM (required for all officials)

**RV Parking:** There is limited parking for self-contained RVs in the CSUB South parking lot Please contact the Asst. Meet Director for details. You must have prior approval for RV parking on campus.

**Open Water:** A 3 kilometer open water event will be held on Monday July 21 and is open to all Sectional entrants. This event will not count towards a team point total, individual high point awards or individual event limit. See information below.

**Meet Director:  
Or Contacts**

Meet Director	Asst. Meet Director	Entries	Head Coach
John Kraetsch	Myron Smith	Val Kalmikovs	Keith Moore
(661)303-4382 (c)	(661) 428-0014 (c)	(661) 809-1494 (c)	(661) 203-9895 (c)

**USA Swimming 2008 Speedo Championship Series  
Long Course Meters**

<u>Order of Events</u>						
	<u>Women</u>				<u>Men</u>	
	Yards	Meters	Event	Meters	Yards	
<u>Wednesday – July 16, 2008 - 4:00 PM</u>						
1	10:43.19	9:35.99	800 Freestyle	9:08.99	10:10.99	2
<u>Thursday – July 17, 2008 – 9:00 AM</u>						
3	2:12.59	2:28.29	200 Butterfly	2:17.19	2:00.69	4
5	2:29.39	2:50.79	200 Breaststroke	2:36.69	2:14.89	6
7	2:11.59	2:31.19	200 Backstroke	2:19.49	1:59.69	8
9	:55.09	1:02.59	100 Freestyle	:57.19	:49.39	10
<u>Friday – July 18, 2008 – 9:00 AM</u>						
11	1:58.69	2:14.89	200 Freestyle	2:05.09	1:48.79	12
13	4:42.99	5:19.99	400 Individual Medley	5:00.89	4:20.29	14
15	8:17.79	9:25.99	800 Freestyle Relay	8:26.79	7:31.29	16
<u>Saturday – July 19, 2008 – 9:00 AM</u>						
17	2:13.59	2:32.89	200 Individual Medley	2:21.29	2:01.59	18
19	:25.39	:28.99	50 Freestyle	:26.09	:22.59	20
21	5:12.99	4:41.99	400 Freestyle	4:26.49	4:53.99	22
23	3:50.09	4:21.89	400 Freestyle Relay	3:55.29	3:24.39	24
<u>Sunday – July 20, 2008 – 9:00 AM</u>						
25	17:57.49	18:20.99	1500 Freestyle			
26	1:01.09	1:10.89	100 Backstroke	1:04.39	:54.99	27
			1500 Freestyle	17:29.99	16:59.99	28
29	1:09.19	1:19.19	100 Breaststroke	1:11.99	1:01.99	30
31	1:00.49	1:08.19	100 Butterfly	1:01.59	:54.19	32
33	4:15.79	4:52.99	400 Medley Relay	4:23.99	3:49.09	34

**Scratch Deadline – 6:30 PM Positive Check in: 800 free, 1500 free, & all relays - due by the days scratch deadline**

Warm up procedures:

Noon Wednesday  
3:00 – 3:30 PM  
3:30 – 3:50 PM

Pool open, non-competition courses.  
Wednesday only – general warm up, competition pool  
Wednesday only - Lanes 1 and 8 designated for push pace, Lanes 2 and 7 one way sprints.

All Other Days:  
6:30 – 7:00 AM  
7:00 – 8:00 AM  
4:00 – 5:00 PM

Pool open, non-competition courses.  
The competition course will be open for general warm up - No diving

8:00 – 8:50 AM  
5:00 – 5:50 PM

Lanes 1 and 8 designated for push pace, Lanes 2 and 7 one way sprint  
Starts in sprint lanes only.

8:50 AM  
5:50 PM

Additional lanes may be opened as needed by the referee  
Pool Cleared  
Pool Cleared

	WOMEN				MEN			
	Sectionals		Bonus		Sectionals		Bonus	
	YDS	LC	YDS	LC	YDS	LC	YDS	LC
<b>50 Free</b>	:25.39	:28.99	:25.99	:29.59	:22.59	:26.09	:23.09	:26.69
<b>100 Free</b>	:55.09	1:02.59	:56.19	1:03.89	:49.39	:57.19	:50.39	:58.39
<b>200 Free</b>	1:58.69	2:14.89	2:01.09	2:17.59	1:48.79	2:05.09	1:50.99	2:07.59
<b>400/500</b>	5:12.99	4:41.99	5:19.29	4:47.69	4:53.99	4:26.49	4:59.99	4:31.89
<b>800/1000</b>	10:43.19	9:35.99	10:58.09	9:47.51	10:10.99	9:08.99	10:23.29	9:19.99
<b>1500/1650</b>	17:57.49	18:20.99	18:19.09	18:43.09	16:59.99	17:29.99	17:20.39	17:50.99
<b>100 Back</b>	1:01.09	1:10.89	1:02.39	1:12.39	:54.99	1:04.39	:56.09	1:05.69
<b>200 Back</b>	2:11.59	2:31.19	2:14.29	2:34.29	1:59.69	2:19.49	2:02.09	2:22.29
<b>100 Breast</b>	1:09.19	1:19.19	1:10.59	1:20.79	1:01.99	1:11.99	1:03.29	1:13.49
<b>200 Breast</b>	2:29.39	2:50.79	2:32.39	2:54.29	2:14.89	2:36.69	2:17.59	2:39.89
<b>100 Fly</b>	1:00.49	1:08.19	1:01.79	1:09.59	:54.19	1:01.59	:55.29	1:02.89
<b>200 Fly</b>	2:12.59	2:28.29	2:15.29	2:31.29	2:00.69	2:17.19	2:03.19	2:19.99
<b>200 IM</b>	2:13.59	2:32.89	2:16.29	2:35.99	2:01.59	2:21.29	2:04.09	2:24.19
<b>400 IM</b>	4:42.99	5:19.99	4:48.69	5:26.39	4:20.29	5:00.89	4:25.59	5:06.99
<b>400 M.R.</b>	4:15.79	4:52.99			3:49.09	4:23.99		
<b>400 F.R.</b>	3:50.09	4:21.89			3:24.39	3:55.29		
<b>800 F.R.</b>	8:17.79	9:25.99			7:31.29	8:26.79		

### HOTEL INFORMATION

Holiday Inn – Select  
801 Truxton Ave  
Bakersfield, CA  
(661) 323-1900  
\$92  
*June 15<sup>th</sup> cut off*

Courtyard  
3601 Marriott Drive  
Bakersfield, CA  
(661) 324-6660  
\$124  
*June 13<sup>th</sup> cut off*

Residence Inn  
4241 Chester Lane  
Bakersfield, CA  
(661) 321-9800  
\$149  
*June 20<sup>th</sup> cut off*

Double Tree Hotel  
3100 Camino Del Rio Ct.  
Bakersfield, CA  
(661) 323-7111  
\$98 – incl Breakfast  
*June 27<sup>th</sup> cut off*

Spring Hill Suites  
3801 Marriott Dr.  
Bakersfield, CA  
(800) 331-3131  
\$115-125  
*June 18<sup>th</sup> cut off*

Ask for “Sectionals Swim Meet” rate

**USA Swimming Western Zone/Gold - CA/NV Sectional Championships  
Meet Records - Long Course**

**WOMEN**

**MEN**

<u>Name</u>	<u>Club</u>	<u>Year</u>	<u>Time</u>	<u>Event</u>	<u>Time</u>	<u>Year</u>	<u>Club</u>	<u>Name</u>
Anna Poteete	Santa Cruz County	2005	26.17	50 Free	22.48	2007	Rose Bowl	Jason Lezak
Danielle Townsend	Unattached	2004	56.57	100 Free	49.28	2007	Rose Bowl	Jason Lezak
Kate Dwelley	Terrapins	2007	2.01.90	200 Free	1.51.06	2004	Mission Viejo	Chad Carvin
Chloe Sutton	Mission Viejo	2008	4.14.86	400 Free	3.54.21	2007	Mission Viejo	Chad La Tourette
Chloe Sutton	Mission Viejo	2008	8.39.76	800 Free	8.01.79	2002	Unattached	Larsen Jensen
Chloe Sutton	Mission Viejo	2008	16.37.15	1500 Free	15.30.82	2004	Mission Viejo	Larsen Jensen
Lauren Rodgers	Terrapins	2005	1.03.99	100 Back	58.07	2005	Fullerton	Louis Vayo II
Lauren Rodgers	Terrapins	2005	2.17.14	200 Back	2.03.83	2002	Fullerton	Louis Vayo II
Keri Hehn	Mission Viejo	2005	1.10.48	100 Breast	1.03.61	2007	Swim Pasadena	Cheyne Bloch
Stephanie Gabert	AquaZot	2005	2.31.23	200 Breast	2.18.52	2007	Terrapins	Sean Mahoney
Kate Dwelley	Terrapins	2007	1.00.45	100 Fly	55.01	2007	Terrapins	John Dwelley
Alyssa Anderson	Sierra Marlins	2008	2.13.45	200 Fly	2.01.78	2002	Terrapins	Mike Gausman
Yana Klochova	Mission Viejo	2005	2.17.18	200 IM	2.06.55	2004	Mission Viejo	Justin Mortimer
Madeline DiRado	Santa Rosa	2008	4.52.00	400 IM	4.30.67	2006	Orinda	Scott Lathrope
	DeAnza Cupertino	2007	3.52.06	400 Free Relay	3.29.01	2005	Mission Viejo	
	Terrapins	2004	8.26.04	800 Free Relay	7.42.68	2005	Terrapins	
	Mission Viejo	2005	4.16.55	400 Medley Relay	3.53.95	2005	Bakersfield	

Western Zone Gold – California –Nevada Sectionals  
3 Kilometer Open Water Swim  
Central California Swimming Sanction # S2908AK

Monday, July 21, 2008

9:00 AM – Women

10:00 AM – Men

- Host: Bakersfield Swim Club
- Director: Myron Smith (661) 428-0014(c)  
Information: <http://www.centralcalswim.org/>, [www.bakersfieldswimclub.org](http://www.bakersfieldswimclub.org)  
Head Coach: Keith Moore (661) 203-9895(c)
- Location: Ski West Village, 28050 Millux Road, Arvin, CA, 20 minutes south of Bakersfield. Take highway 99 south and exit east off Bear Mountain Blvd.(CA Highway 223), travel 5.5 miles then turn south on N. Wheeler Ridge Rd. for 2.0 miles. Turn right on Millux Rd. for 1 mile.
- Course: Ski West Village, the premier water ski competition course, home of the United States Water Ski Championships. The swimming competition course will be an out and back around the boat turn around at either end of the lake. 1 lap will be approximately one kilometer. The course will be marked with buoys. The competition will start and finish from the beach.
- Eligible Athletes: Any entered swimmers (individual or relay) in the Western Zone Gold Sectional Swimming Championships may enter and compete in the Open Water Competition.
- Check in & Registration: Registration and check in will begin at 7:30 AM at Ski West Village All competitors must be 2008 USA Swimming registered. Race day to registrations will be accepted up to 30 minutes prior to the start of the race. 8:45 AM there will be a pre-race briefing.
- Entry fee: \$25.00 with sectional entry and up to the coaches meeting on Wednesday July 18<sup>th</sup>. Entries will be accepted during the meet and up to the morning of the swim, \$40.00
- Entry: This event will be included in the Hy-tek meet file with the Sectional (Pool) Swim events. Or you can enter through the USA Swimming On-Line Meet Entry (OME) system at [www.usaswimming.org/OME](http://www.usaswimming.org/OME) ; either one of these two entry media will be accepted on or before the meet entry deadline. Paper entries will be accepted after the entry deadline and at the Meet venue. Paper entry forms can be found at the at the meet administration table.
- Awards: Every participant will receive a unique race swim cap to wear during the race. Awards will be given to the top eight finishers in the men's and women's divisions.
- Misc: This event will not count towards the over all individual event entry limit, high point awards, and/or team point total, at the Sectional Swimming (pool) Championships.
- Safety: The course will be monitored by a safety boat, and lake lifeguards on paddles boards.
- Hotels: All area hotels have been alerted to the event and have prepared the hotel blocks to accommodate the competitors and teams.