

SoCAL AQUATICS ASSOCIATION LONG COURSE SWIM MEET

Summer Age Group Invitational Qualifier

Sanctioned by: Southern California Swimming
Sanction Number: 08-124
Sponsored by: Orange Committee

DATE OF MEET: May 30, 31 & June 1, 2008
ENTRIES DUE: **May 19, 2008 (Monday)**

WARM UP TIME: 4:00 PM (Fri), 7:30 AM (Sat/Sun)
MEET START TIME: 5:00 PM (Fri), 9:00 AM (Sat/Sun)

*Afternoon Session will begin no earlier than 12:00pm or 45 min. after the conclusion of the morning session

POOL: TUSTIN HIGH SCHOOL, Located at 1171 EL CAMINO REAL, TUSTIN, CA. From the North: Take I-5 Freeway South and exit on Newport Blvd. Turn LEFT under freeway. Go to first light and turn RIGHT on El Camino Real. Pool and parking lot are on the LEFT approx. 1½ blocks. From the South: Take I-5 Freeway North and exit on Redhill Avenue. Turn RIGHT and go to first light. Turn LEFT on El Camino Real. Pool and parking lot are on the RIGHT approx. 1½ blocks.

COURSE: TUSTIN HIGH SCHOOL pool is an outdoor 25 yard pool with Seven (7) swimming lanes and a warm-up lane.

SPECIAL NOTICE: Swimmers may swim a maximum of **FOUR (4) events per day**. Entries will be limited to meet the "4 Hour" rule for each session. **Timers must be provided by each team. Swimmers in the 400 Freestyle, 1500 Freestyle and 400 IM must provide timers for three heats. You must provide your own lap counters.** 8 and Under swimmers may compete in 8 & Under or 10 & Under events, but not any combination. Only 11 Years and older swimmers who meet the time standard may enter OPEN events. Swimmers may only enter an event once, even if it is offered twice.

WARM UP RULES: USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be under the direct supervision of a USA Swimming member coach. There will be **NO DIVING** into the pool during these times except into the designated sprint lane(s). **WARM-UP RULES WILL BE ANNOUNCED AND POSTED.**

MEET REFEREE: The meet referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to that person.

RULES: USA Swimming rules will govern. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form. (See 2008 SCS Swim Guide). Swimmers must check in with the Clerk of Course for each event they wish to swim. After an event has been officially closed, swimmers **MAY NOT CHECK IN OR SCRATCH**. Swimmers in the first two events of each session must check in **THIRTY MINUTES** prior to the start of the session. Swimmers must swim in their actual Age Group as determined by their age on **May 30, 2008**. **In SCS age group events, a swimmer's suit may not extend past the shoulder or the knee cap.**

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a CLUB TRANSFER form and the appropriate fee to the Swim Office. At the meet, a swimmer may UNATTACH by notifying the Administrative Referee in writing and paying the appropriate fee. A swimmer may not attach at the meet.

ELIGIBILITY: OPEN TO ATHLETES WHO ARE 2008 USA SWIMMING REGISTERED. SCS athletes must be members of the Orange Committee. **NO ON-DECK ENTRIES.** Registration applications must be received by the meet host or SCS office prior to the first day of the meet. **REGISTRATION APPLICATIONS MAY BE SUBMITTED TOGETHER WITH ENTRY FORM.** There are substantial penalties to swimmer and Club (See 2008 SCS Swim Guide, Part One, III, B) if USA Swimming registration is completed at the meet.

SUBMITTED TIMES: Times submitted must be **BEST RECORDED LONG COURSE METER TIMES** from this or preceding swim season (**NO WORK OUT TIMES**). Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action.
Note: **There is a \$1.00 processing fee if a swimmer submits an update or correction of entry card on or before meet entry deadline. As a reminder: no updated times will be accepted after the meet entry deadline.**

QUALIFYING TIMES: Swimmers must have achieved time standards listed for an event. If a swimmer does not have a recorded time but is otherwise qualified, he/she may enter the meet at minimum (see 2008 Swim Guide for exceptions).

AWARDS: AWARDS: RIBBONS 1st through 8th

Ribbons will be awarded to the following age groups: 8 & Under, 10 & Under, 11/12. OPEN events will not be awarded.

ENTRY FEES: **\$2.75 for each INDIVIDUAL EVENT, plus \$5.00 SURCHARGE per swimmer must accompany each individual entry card.** E-mail entry (entry.zipfile) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5 PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. **DO NOT RESEND AN ENTRY FILE.** A replacement file for the team will NOT be processed. Deletions will NOT be refunded.

ENTRIES CLOSE: Entry forms bearing a postmark LATER THAN 12:00 MIDNIGHT on May 21, 2007, WILL BE REJECTED. Space permitting, entries will be accepted if delivered to the address below up to 8:00 PM on Wednesday, May 21, 2008. **NOTICE:** Entries stamped with post office meter machine will be accepted if it arrives three days after the entries are due. (For example, if entry cards are due on a Monday and the envelope, stamped by a business machine arrives at the destination on Friday, it will be rejected). **To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, self-addressed postcard or envelope for return when your entry is received.**

**NO CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED.
PLEASE MAIL ENTRIES IN A BUSINESS SIZE ENVELOPE. DO NOT FOLD "WHITE" ENTRY CARD--PLEASE.**

MAKE CHECKS PAYABLE TO:	SOUTHERN CALIFORNIA SWIMMING
EMAIL TO:	JULSONLL@AOL.COM
And MAIL TO:	Lynda Julson
	25552 Loganberry Lane
	Lake Forest, CA 92630
Please include Swimmer's name and SCS Number	

For Further Information call: Chris Duncan 714/724-2283

Receipt of entry will not be verified by phone.

SoCAL AQUATICS ASSOCIATION LONG COURSE AGE GROUP MEET

SUMMER AGE GROUP INVITATIONAL QUALIFIER

Date of Meet: May 30, 31 & June 1, 2008

Entries Due: May 19, 2008 (MONDAY)

SUBMIT BEST RECORDED LONG COURSE METER TIMES
YOU MAY SWIM A MAXIMUM OF FOUR (4) EVENTS PER DAY
ENTRIES WILL BE LIMITED TO MEET THE "4 HOUR" RULE

8 & Under swimmers may compete in 8 & under or 10 & Under events, but not any combination

Only 11 Years and older swimmers who meet the time standard may enter OPEN events.

8 & Under Swimmers may only enter the 100 Meter Freestyle once, even though it is offered twice.

Girls Friday, May 30, 2008 5:00pm Boys

No.	Age	Minimum	Event	Minimum	No.
1	OPEN	3:09.20	200 Meter Backstroke	3:11.80	2
3	OPEN	3:31.00	200 Meter Breaststroke	3:31.20	4
5	OPEN	22:11.60	1500 Meter Freestyle	22:10.90	6

Girls Saturday, May 31, 2008 9:00am Boys

No.	Age	Minimum	Event	Minimum	No.
7	10 & Under	1:24.40	100 Meter Freestyle	1:23.90	8
9	8 & Under	1:39.30	100 Meter Freestyle	1:35.50	10
11	10 & Under	43.20	50 Meter Butterfly	43.10	12
13	10 & Under	3:30.20	200 Meter Individual Medley	3:31.20	14
15	8 & Under	58.60	50 Meter Breaststroke	57.10	16
17	10 & Under	51.40	50 Meter Breaststroke	51.40	18
19	10 & Under	46.40	50 Meter Backstroke	46.30	20
21	8 & Under	52.00	50 Meter Butterfly	52.70	22
23	10 & Under	3:02.70	400 Meter Freestyle	3:02.40	24
			Enter 200 Meter Freestyle Time		

Afternoon session will begin no sooner than 12:00pm

25	OPEN	2:42.90	200 Meter Freestyle	2:43.60	26
27	11/12	46.00	50 Meter Breaststroke	45.60	28
27	OPEN	1:40.00	50 Meter Breaststroke	1:40.10	28
			(Enter 100 Meter Breaststroke Time)		
29	OPEN	34.90	50 Meter Freestyle	34.40	30
31	OPEN	1:40.00	100 Meter Breaststroke	1:40.10	32
33	OPEN	3:05.70	200 Meter Butterfly	3:07.20	34
35	OPEN	6:31.20	400 Meter Individual Medley	6:32.30	36

Girls Sunday, June 1, 2008 9:00am Boys

No.	Age	Minimum	Event	Minimum	No.
37	10 & Under	3:02.70	200 Meter Freestyle	3:02.40	38
39	8 & Under	1:39.30	100 Meter Freestyle	1:35.50	40
41	10 & Under	1:41.00	100 Meter Backstroke	1:41.30	42
43	8 & Under	54.40	50 Meter Backstroke	53.20	44
45	10 & Under	38.40	50 Meter Freestyle	38.10	46
47	8 & Under	45.60	50 Meter Freestyle	44.40	48
49	10 & Under	1:52.20	100 Meter Breaststroke	1:52.90	50
51	10 & Under	1:40.50	100 Meter Butterfly	1:40.70	52

Afternoon session will begin no sooner than 12:00pm

53	OPEN	3:07.90	200 Meter Individual Medley	3:08.20	54
55	11/12	38.40	50 Meter Butterfly	39.20	56
55	OPEN	1:27.30	50 Meter Butterfly	1:28.10	56
			(Enter 100 Meter Butterfly Time)		
57	OPEN	1:15.60	100 Meter Freestyle	1:15.10	58
59	11/12	41.60	50 Meter Backstroke	42.00	60
59	OPEN	1:29.40	50 Meter Backstroke	1:30.70	60
			(Enter 100 Meter Backstroke Time)		
61	OPEN	1:27.30	100 Meter Butterfly	1:28.10	62
63	OPEN	1:29.40	100 Meter Backstroke	1:30.70	64
65	OPEN	5:47.30	400 Meter Freestyle	5:46.60	66

Swimmers in the 400 IM, 400 and 1500 Meter Freestyles must provide timers for three heats.

The 1500 Meter Freestyle will be seeded fastest to slowest, alternating girls and boys. All distance events must provide their own lap counters.