



TYR INDEPENDENCE INVITATIONAL

Hosted by FAST SWIMMING



Long Course Meters
Sanctioned by:
Sanction Number:
Sponsored by:

Southern California Swimming
#08-136
FAST Swim Team
Free Weekend

DATE OF MEET: July 4, 5, 6, 2008
ENTRIES DUE: **Monday June 23, 2008**

WARM UP TIME: **8:00 AM (Fri/Sat/Sun)**
MEET STARTS: **9:00 AM (Fri/Sat/Sun)**

POOL: JANET EVANS SWIM COMPLEX, 801 W. Valencia Ave., Fullerton. From the 91 Freeway take the Euclid Ave. Exit. Go north on Euclid to Valencia and turn right on Valencia. The Swim Complex is located on the left.

COURSE: JANET EVANS SWIM COMPLEX is an outdoor heated 8 lane 50 meter competition course, with 4 separate 25 yard warm-up lanes.

SPECIAL NOTICE: Swimmers may swim a maximum of **three (3)** events per day. **FAST will limit entries to meet the "4 Hour" rule for each session.** Timers must be provided by each team. Out of District swimmers/teams are welcome. Swimmers in the 400 Freestyle, 800 Freestyle and 400 IM must provide timers for three heats. You must provide your own lap counters. **Only 11 & older swimmers who meet the time standard may enter Open events.** 8 & Under swimmers may compete in 8 & Under or 10 & Under events, but not any combination. Swimmers may only enter an event ONCE, even if it is offered twice.

WARM UP RULES: USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be under the direct supervision of an USA Swimming member coach. There will be **NO DIVING** into the pool during these times except into the designated sprint lane(s). **WARM-UP RULES WILL BE ANNOUNCED AND POSTED.**

MEET REFEREE: The meet referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to that person.

RULES: USA Swimming rules will govern. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form. (See 2008 SCS Swim Guide). Swimmers must check in with the Clerk of Course for each event they wish to swim. After an event has been officially closed, swimmers **MAY NOT CHECK IN OR SCRATCH.** Swimmers must check in **THIRTY MINUTES** prior to the start of the appropriate age group session. Swimmers must swim in their actual Age Group as determined by their age on July 4, 2008. **In SCS age group events, a swimmer's suit may not extend past the acromial process (shoulder) nor the patella (knee cap).**

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a Club Transfer form and the appropriate fee to the Swim Office. At the meet, a swimmer may UNATTACH by notifying the Administrative Referee in writing and paying the appropriate fee. A swimmer may not attach at the meet.

ELIGIBILITY: OPEN TO ATHLETES WHO ARE 2008 USA Swimming REGISTERED. NO ON-DECK ENTRIES. Registration applications must be received by the meet host or SCS office prior to the first day of the meet. **REGISTRATION APPLICATIONS MAY BE SUBMITTED TOGETHER WITH ENTRY FORM.** There are substantial penalties to swimmer and Club (See 2008 SCS Swim Guide, Part One, III, B) if USA Swimming registration is completed at the meet.

SUBMITTED TIMES: Times submitted must be **BEST RECORDED LONG COURSE TIMES** from this or preceding swim season (**NO WORK OUT TIMES**). Swimmers must have achieved time standards listed for an event. Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action.

Note: **There is a \$1.00 processing fee if a swimmer submits an update or correction of entry card before meet entry deadline. As a reminder: no updated times will be accepted after the meet entry deadline.**

QUALIFYING TIMES: Swimmers must have achieved time standards listed for an event. If a swimmer does not have a recorded time but is otherwise qualified, he/she may enter the meet at minimum (see 2008 Swim Guide for exceptions).

AWARDS: INDIVIDUAL EVENTS: "Blue" Division and "Red/White" Division, RIBBONS 1st through 8th Ribbons will be awarded to the following age groups: 8 & Under, 10 & Under, 11/12. Open events will not be awarded. TEAM AWARDS: Distinctive Team Trophies, 1st through 6th Place.

ENTRY FEE: **\$2.75 for each INDIVIDUAL EVENT, plus \$5.00 SURCHARGE per swimmer must accompany each individual entry card.** NO REFUNDS. RETURNED CHECKS WILL INCUR A SERVICE FEE PER SCS POLICY. **Entries will be rejected if a check does not accompany the entry card.** E-Mail entry (entry zipfile) will be accepted ONLY when received with an attached Word or pdf file including electronic signature of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic) Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted space available. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. Deletions will NOT be refunded.

ENTRIES CLOSE: Entry forms bearing a postmark LATER THAN 12:00 MIDNIGHT on the due date of entry form WILL BE REJECTED. Space permitting, entries will be accepted if hand delivered to the address below up to 8:00 PM on Tuesday, June 23, 2008. NOTICE: Entries stamped with post office meter machine will be accepted if it arrives three days after the entries are due. (For example, if entry cards are due on a Monday and the envelope, stamped by a business machine arrives at the destination on Friday, it will be rejected). **To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, self-addressed postcard or envelope for return when your entry is received. Address E-Mail Entries to <muffymb@aol.com>**

NO CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED.
PLEASE MAIL IN A BUSINESS SIZE ENVELOPE. DO NOT FOLD "White" ENTRY CARD---PLEASE.

<p>MAKE CHECKS PAYABLE TO: And MAIL TO: (Include Swimmer's name and SCS Number) For further meet Information call: Bill Jewel (714) 773-5788</p>	<p>SOUTHERN CALIFORNIA SWIMMING MARILYN BOLTON 26492 ARACENA MISSION VIEJO, CA 92691 Receipt of entry <i>will not</i> be verified by phone.</p>
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TYR INDEPENDENCE INVITATIONAL

July 4- 6, 2008. Hosted by FAST SWIMMING – Free Weekend



Session 1. Friday July 4th, 2008. Warmup:-8 am. Meet Starts:-9:00 am

GIRLS	TIME STD	AGE	EVENT	CLASS	TIME STD	BOYS
1	3:49.30	10&UN	200 MTR IM	BR	3:50.40	2
3	6:18.80	11-12	400 MTR FREE	BR	6:18.10	4
5	1:50.30	10&UN	100 MTR BK	BR	1:50.50	6
7	5:47.30	OPEN	400 MTR FREE	OPEN	5:46.60	8

Session 2. Saturday July 5th 2008. Warmup:-8:00 a.m. Meet Starts:-9:00 a.m.

GIRLS	TIME STD	AGE	EVENT	CLASS	TIME STD	BOYS
9	1:32.00	10&UN	100 MTR FREE	BR	1:31.60	10
11	1:59.20	8&UN	100 MTR FREE	BR	1:54.60	12
13	****	10&UN	50 MTR BRST	BRW	****	14
15	****	8&UN	50 MTR BRST	BRW	****	16
17	****	10&UN	50 MTR BK	BRW	****	18
19	****	8&UN	50 MTR BK	BRW	****	20
21	1:49.70	10&UN	100 MTR FLY	BR	1:49.80	22

Note: You may enter & swim the 8&UN 100 Mtr. Free Once Only.

Session 3. Saturday July 5th, 2008. Meet Starts no earlier than 12:00 p.m.

GIRLS	TIME STD	AGE	EVENT	CLASS	TIME STD	BOYS
23	2:42.90	OPEN	200 MTR FREE	OPEN	2:43.60	24
25	2:57.70	11-12	200 MTR FREE	BR	2:58.40	26
27	1:40.00	OPEN	100 MTR BRST	OPEN	1:40.10	28
29	****	11-12	50 MTR BRST	BRW	****	30
31	3:09.20	OPEN	200 MTR BK	OPEN	3:11.80	32
33	1:37.60	11-12	100 MTR BK	BR	1:39.00	34
35	1:27.30	OPEN	100 MTR FLY	OPEN	1:28.10	36
37	1:35.30	11-12	100 MTR FLY	BR	1:36.10	38
39	34.90	OPEN	50 MTR FREE	OPEN	34.40	40
41	****	11-12	50 MTR FREE	BRW	****	42
43	6:31.20	OPEN	400 MTR IM	OPEN	6:32.30	44

ENTRY FEES: \$2.75 per Individual Event, plus \$5.00 Surcharge Per Swimmer. Include ENTRY CARD with entry fees.

MAKE CHECKS PAYABLE TO:

SOUTHERN CALIFORNIA SWIMMING.

MAIL ENTRIES TO:

MARILYN BOLTON 26492 ARACENA

MISSION VIEJO, CA. 92691.

E-MAIL: muffyb@aol.com

SNACK BAR AVAILABLE ON SITE.

Session 4. Sunday July 6th, 2008. Warmup:-8:00 a.m. Meet Starts:-9:00 a.m.

GIRLS	TIME STD	AGE	EVENT	CLASS	TIME STD	BOYS
45	3:19.30	10&UN	200 MTR FREE	BR	3:19.00	46
47	1:59.20	8&UN	100 MTR FREE	BR	1:54.60	48
49	****	10&UN	50 METER FLY	BRW	****	50
51	****	8&UN	50 METER FLY	BRW	****	52
53	****	10&UN	50 MTR FREE	BRW	****	54
55	****	8&UN	50 MTR FREE	BRW	****	56
57	2:02.40	10&UN	100 MTR BRST	BR	2:03.10	58

Note: You may enter & swim the 8&UN 100 Mtr. Free Once Only.

Session 5. Sunday July 6th, 2008. Meet Starts no earlier than 12:00 p.m.

GIRLS	TIME STD	AGE	EVENT	CLASS	TIME STD	BOYS
59	3:07.90	OPEN	200 MTR IM	OPEN	3:08.20	60
61	3:25.00	11-12	200 MTR IM	BR	3:25.30	62
63	1:15.60	OPEN	100 MTR FREE	OPEN	1:15.10	64
65	****	11-12	100 MTR FREE	BRW	****	66
67	3:31.00	OPEN	200 MTR BRST	OPEN	3:31.20	68
69	****	11-12	50 MTR FLY	BRW	****	70
71	1:29.40	OPEN	100 MTR BK	OPEN	1:30.70	72
73	****	11-12	50 MTR BK	BRW	****	74
75	3:05.70	OPEN	200 MTR FLY	OPEN	3:07.20	76
77	1:49.10	11-12	100 MTR BRST	BR	1:49.20	78
79	11:29.00	OPEN	800 MTR FREE	OPEN	11:01.20	80

Swimmers in the 400 IM, 400 and 800 Mtr. Freestyle must provide timers for three heats. The OPEN 400 IM, 400 and 800 Mtr. Freestyle will be seeded fastest to slowest, alternating girls & boys. You must provide your own Lap Counters.

SUBMIT BEST RECORDED LONG COURSE METER TIMES. YOU MAY SWIM A MAXIMUM OF 3 EVENTS PER DAY.

8 & Under Swimmers may Swim the 100 Mtr. Freestyle once only and may compete in 8 & Under OR 10 & Under events, but NOT any combination. ONLY 11 & Older swimmers who meet the time standard on this meet form may enter OPEN events.

ENTRIES DUE: JUNE 23, 2008 (MONDAY)

Fullerton Hotels & Lodging

**Crown Plaza
1500 S. Raymond Ave.
714-635-9000**

**Fullerton Marriott
222 W. Houston Ave.
714-992-1700**

**Wyndham Garden
2701 Nutwood Ave.
714-738-7800**