

THE FAST SWIM TEAM SHORT COURSE "BRW" AGE GROUP SWIM MEET

Sanctioned by: Southern California Swimming
Sanction Number: 08-186
Sponsored by: FAST Swim Team
Orange Committee

DATE OF MEET: October 11 & 12, 2008
ENTRIES DUE: **September 29, 2008 (Monday)**

WARM UP TIME: 7:30 AM (Sat/Sun)
MEET START TIME: 9:00 AM (Sat/Sun)

****This is an Orange Committee "TRI" Meet, the following teams are eligible to enter: BREA, FAST, GWSC, LBST, SCAC, SPLA, STOP, USA, YOC
PM Session begins no earlier than 11:00 PM or 45 minutes after the conclusion of the AM Session**

POOL: JANET EVANS SWIM COMPLEX, 801 W. Valencia Ave., Fullerton. From the 91 Freeway take the Euclid Ave. Exit. Go north on Euclid to Valencia and turn right on Valencia. JANET EVANS SWIM COMPLEX is to the left.

COURSE: INDEPENDENCE PARK SWIM COMPLEX is a heated, outdoor 25 yard pool with 10 racing lanes, and a separate warm-up area.

SPECIAL NOTICE: Swimmers may swim a maximum of FOUR events per day. **FAST will limit entries to meet the "4 Hour" rule for each session.** Timers must be provided by each team. Swimmers in the 500 Yard Freestyle and the 400 IM must provide timers for three heats. You must provide your own lap counters. The 500 Freestyle and the 400 IM will be swum fastest to slowest, alternating girls and boys. 8 & Under swimmers may enter 8 & Under or 10 & Under events but not a combination.

WARM UP RULES: USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be under the direct supervision of an USA Swimming member coach. There will be **NO DIVING** into the pool during these times except into the designated sprint lane(s). **WARM-UP RULES WILL BE ANNOUNCED AND POSTED.**

MEET REFEREE: The meet referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to that person.

RULES: USA Swimming rules will govern. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form. (See 2008SCS Swim Guide). Swimmers must check in with the Clerk of Course for each event they wish to swim. **SWIMMERS MUST CHECK IN 30 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION.** After an event has been officially closed, swimmers MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group determined by their age on **October 11, 2008. In SCS age group events, a swimmer's suit may not extend past the shoulder or the knee cap.**

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a CLUB TRANSFER form and the appropriate fee to the Swim Office. At the meet, a swimmer may UNATTACH by notifying the Administrative Referee in writing and paying the appropriate fee. A swimmer may not attach at the meet.

ELIGIBILITY: OPEN TO ATHLETES WHO ARE 2008 or 2009 USA Swimming REGISTERED. SCS athletes must be members of the Orange Committee to be eligible for entry into this meet. **NO ON-DECK ENTRIES.** Registration applications must be received by the meet host or SCS office prior to the first day of the meet. **REGISTRATION APPLICATIONS MAY BE SUBMITTED TOGETHER WITH ENTRY FORM.** There are substantial penalties to swimmer and Club (See 2008 SCS Swim Guide, Part One, III, B) if USA Swimming registration is completed at the meet.

SUBMITTED TIMES: Times submitted must be **BEST RECORDED SHORT COURSE YARD TIMES** from this or preceding swim season (**NO WORK OUT TIMES**). Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action.

Note: **There is a \$1.00 processing fee if a swimmer submits an update or correction of entry card before meet entry deadline. As a reminder: no updated times will be accepted after the meet entry deadline.**

QUALIFYING TIMES: Swimmers must have achieved time standards listed for an event. If a swimmer does not have a recorded time but is otherwise qualified, he/she may enter the meet at minimum (see 2008 Swim Guide for exceptions).

AWARDS: INDIVIDUAL EVENTS: "BLUE" and "RED" and "WHITE" Division: RIBBONS 1st through 8th
The following age groups will be awarded: 5/6, 7/8, 10 & Under, 11/12, 13/14, 15 & Up

ENTRY FEE: **\$2.75 for each INDIVIDUAL EVENT, plus \$5.00 SURCHARGE per swimmer must accompany each individual entry.** E-mail entry (entry.zip file) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. **DO NOT RESEND AN ENTRY FILE:** A replacement file for the team will NOT be processed. Deletions will NOT be refunded.

ENTRIES CLOSE: Entry forms bearing a postmark LATER THAN 12:00 MIDNIGHT on the due date of entry form WILL BE REJECTED. Space permitting, entries will be accepted if hand delivered to the address below up to 8:00 PM on Tuesday, September 30, 2008. NOTICE: Entries stamped with post office meter machine will be accepted if it arrives three days after the entries are due. (For example, if entry cards are due on a Monday and the envelope, stamped by a business machine arrives at the destination on Friday, it will be rejected). **To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, self-addressed postcard or envelope for return when your entry is received.**

NO CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED.
Team Hy-Tek entries will be accepted with a signed printed copy accompanied by a single entry team check.

MAKE CHECKS PAYABLE TO: EMAIL: And MAIL TO: (Include Swimmer's name and SCS Number)	SOUTHERN CALIFORNIA SWIMMING MUFFYMB@AOL.COM MARILYN BOLTON 26492 ARACENA MISSION VIEJO, CA 92691
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For further meet Information call: Bill Jewell 714-773-5788

Receipt of entry will not be verified by phone.

THE FAST SWIM TEAM "BRW" SHORT COURSE AGE GROUP SWIM MEET

Date of Meet: October 11 & 12, 2008

Entries Due: Monday, September 29, 2008

SUBMIT BEST RECORDED SHORT COURSE YARD TIMES

YOU MAY SWIM A MAXIMUM OF 4 EVENTS PER DAY

FAST WILL LIMIT ENTRIES TO MEET THE "4 HOUR" RULE FOR EACH SESSION

PM SESSION WILL BEGIN NO SOONER THAN 11:00 AM OR 45 MINUTES AFTER THE CONCLUSION OF THE AM SESSION

The following teams are eligible to enter: BREA, FAST, GWSC, LBST, SCAC, SPLA, STOP, USA, YOC

Girls Saturday, October 11, 2008 9:00 am Boys

No.	Age	Event	Age	No.
1	10 & Under	100 Yard Individual Medley	10 & Under	2
3	8 & Under	100 Yard Individual Medley	8 & Under	4
5	10 & Under	50 Yard Breaststroke	10 & Under	6
7	8 & Under	25 Yard Breaststroke	8 & Under	8
9	10 & Under	100 Yard Butterfly	10 & Under	10
11	8 & Under	50 Yard Backstroke	8 & Under	12
13	10 & Under	50 Yard Freestyle	10 & Under	14
15	8 & Under	50 Yard Freestyle	8 & Under	16
17	10 & Under	100 Yard Backstroke	10 & Under	18
19	8 & Under	25 Yard Butterfly	8 & Under	20
21	10 & Under	200 Yard Freestyle	10 & Under	22

PM Session will begin no sooner than 11:00 am or 45 minutes after the end of the AM Session

23	11/12	200 Yard Freestyle	11/12	24
25	13 & Up	200 Yard Freestyle	13 & Up	26
27	11/12	50 Yard Breaststroke	11/12	28
29	13 & Up	100 Yard Breaststroke	13 & Up	30
31	11/12	100 Yard Butterfly	11/12	32
33	11/12	200 Yard Backstroke	11/12	34
33	13 & Up	200 Yard Backstroke	13 & Up	34
35	11/12	100 Yard Breaststroke	11/12	36
37	13 & Up	50 Yard Freestyle	13 & Up	38
39	11/12	50 Yard Freestyle	11/12	40
41	11/12	200 Yard Butterfly	11/12	42
41	13 & Up	200 Yard Butterfly	13 & Up	42
43	11/12	100 Yard Individual Medley	11/12	44

10 Minute Break at the discretion of the Referee

45	13 & Up	400 Yard Individual Medley	13 & Up	46
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8 & Under swimmers may enter 8 & Under or 10 & Under events but not a combination.

Girls Sunday, October 12, 2008 9:00 am Boys

No.	Age	Event	Age	No.
47	10 & Under	200 Yard Individual Medley	10 & Under	48
49	8 & Under	50 Yard Breaststroke	8 & Under	50
51	10 & Under	50 Yard Backstroke	10 & Under	52
53	8 & Under	25 Yard Freestyle	8 & Under	54
55	10 & Under	100 Yard Freestyle	10 & Under	56
57	8 & Under	50 Yard Butterfly	8 & Under	58
59	10 & Under	100 Yard Breaststroke	10 & Under	60
61	8 & Under	25 Yard Backstroke	8 & Under	62
63	10 & Under	50 Yard Butterfly	10 & Under	64
65	8 & Under	100 Yard Freestyle	8 & Under	66

PM Session will begin no sooner than 11:00 am or 45 minutes after the end of the AM Session

67	11/12	200 Yard Individual Medley	11/12	68
69	13 & Up	200 Yard Individual Medley	13 & Up	70
71	11/12	100 Yard Freestyle	11/12	72
73	13 & Up	100 Yard Freestyle	13 & Up	74
75	11/12	50 Yard Backstroke	11/12	76
77	11/12	200 Yard Breaststroke	11/12	78
77	13 & Up	200 Yard Breaststroke	13 & Up	78
79	11/12	50 Yard Butterfly	11/12	80
81	13 & Up	100 Yard Butterfly	13 & Up	82
83	11/12	100 Yard Backstroke	11/12	84
85	13 & Up	100 Yard Backstroke	13 & Up	86

10 Minute Break at the discretion of the Referee

87	11/12	500 Yard Freestyle	11/12	88
89	13 & Up	500 Yard Freestyle	13 & Up	90

Swimmers in the 500 Yard Freestyle and 400 Individual Medley must provide timers for three heats and your own lap counters
The 500 Freestyle and the 400 IM will be swum fastest to slowest, alternating girls and boys.