

ORANGE REGIONAL COMPETITIVE AQUATICS SHORT COURSE "BRW" AGE GROUP SWIM MEET

Sanctioned by: Southern California Swimming
Sanction Number: 11-209
Sponsored by: ORCA
Orange Committee

DATE OF MEET: December 3 & 4, 2011
ENTRIES RECEIVED BY 5:00PM: **November 24, 2011 (WEDNESDAY)**

WARM UP TIME: 7:45 AM (Sat/Sun)
MEET START TIME: 9:00 AM (Sat/Sun)

****This is an Orange Committee "TRI" Meet, the following teams are eligible to enter: AAA, AQUA, AZOT, BGST, BREA, FAST, ORCA, RAYS, SCAC, SCAL, STOP, VFA
PM session will begin no sooner than 11:30 am or 30 minutes (per session) after the conclusion of the AM session or at the discretion of the meet Referee**

POOLS: EL MODENA HIGH SCHOOL, 3920 E. Spring St., Orange, CA 92869. Take the 55 Freeway to Chapman Avenue East. East on Chapman Avenue to Prospect, turn Left. Go to Spring Street, turn Right. El Modena High School will be on the Right.

COURSE: EL MODENA HIGH SCHOOL POOL is an outdoor 25 yard pool with eight (8) swimming lanes and a warm-up area. This competition course has been certified in accordance with 104.2.2 (C). Pool Depth Measurement at Start End: Lanes 1 – 8 = 13', Turn End: Lanes 1 – 6 = 6', Lanes 7 – 8 = 10'.

SPECIAL NOTICE: Swimmers may swim a maximum of FOUR events per day. **ORCA will limit entries to meet the "4 Hour" rule for each session.** Timers must be provided by each team. Swimmers in the 500 Freestyle and the 1000 Freestyle and are asked to provide timers for three heats. You must provide your own lap counters. 5-8 swimmers may enter 5-8 or 5-10 events but not any combination. There will be two 45 minute warm-up periods per session. Teams will be notified as to which warm-up period they have been assigned prior to the first day of the meet. **ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST. RELAYS WILL BE SWUM, TIME PERMITTING.**

MEDIA: **This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.**

RACING START CERTIFICATION: Any swimmer entered in the meet unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

WARM UP RULES: USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be under the direct supervision of an USA Swimming member coach. There will be **NO DIVING** into the pool during these times except into the designated sprint lane(s). **WARM-UP RULES WILL BE ANNOUNCED AND POSTED.**

MEET REFEREE: The meet referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to that person.

RULES: USA Swimming rules will govern. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form. (See 2011 SCS Swim Guide). Swimmers must check in with the Clerk of Course for each event they wish to swim. **THE FIRST FOUR EVENTS OF EACH SESSION WILL CLOSE 30 MINUTES PRIOR TO THE START OF THAT SESSION.** After an event has been officially closed, swimmers MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group determined by their age on **December 3, 2011.** **Swimsuits for men may not extend above the navel or below the knee and for women may not cover the neck or extend past the shoulders or below the knee; no zippers or other fastening devices are allowed except a waist tie on a brief or jammer; suits must be of textile material (no polyurethane or neoprene). An athlete may wear a single set of garments underneath his or her competition swimsuit for modesty and/or privacy reasons.**

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a CLUB TRANSFER form and the appropriate fee to the Swim Office. At the meet, a swimmer may UNATTACH by notifying the Administrative Referee in writing and paying the appropriate fee. A swimmer may not attach at the meet.

ELIGIBILITY: OPEN TO ATHLETES WHO ARE 2011 or 2012 USA Swimming members. SCS athletes must be members of the Orange Committee to be eligible for entry into this meet. Registration application must be **received by the Monday prior to the first day of the meet** by the meet processor, administrative referee or SCS Office. Late application will be considered "on deck" and subject to penalties in SCS Swim Guide, Part One, III, B. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.

SUBMITTED TIMES: Times submitted must be **BEST RECORDED TIMES** short course or long course from this or preceding swim season (**NO WORK OUT TIMES**). Non conforming times will be seeded last. Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action.

QUALIFYING TIMES: Swimmers must have achieved time standards listed for an event. If a swimmer does not have a recorded time but is otherwise qualified, he/she may enter the meet at "NT". (See 2010 Swim Guide for exceptions).

AWARDS: INDIVIDUAL EVENTS: "Blue" "Red" and "White" Division RIBBONS 1st through 8th
RELAYS: RIBBONS 1st through 3rd
The following age groups will be awarded: 5/6, 7/8, 9-10, 11/12, 13/14 and 15 & Up

ENTRY FEE: **\$3.00 for each INDIVIDUAL EVENT, plus \$5.25 SURCHARGE per swimmer must accompany each individual entry card.** E-mail entry (entry.zipfile) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted by due date if SPACE IS AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will NOT be processed. Deletions will NOT be refunded.

ENTRIES CLOSE: **ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5:00PM, WEDNESDAY, NOVEMBER 23, 2011. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, self-addressed postcard or envelope for return when your entry is received.**

NO CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED.

MAKE CHECKS PAYABLE TO:	SOUTHERN CALIFORNIA SWIMMING
EMAIL:	splashandgo@larrykaren.com
And MAIL TO:	Karen Thomas
(Include Swimmer's name and SCS Number)	750 Stagecoach Road, Arroyo Grande, CA 93420-4603

ORANGE REGIONAL COMPETITIVE AQUATICS "BRW" SHORT COURSE AGE GROUP MEET

Date of Meet: December 3 & 4, 2011

Entries Must be Received by: **November 23, 2011 (Wednesday)**

Times submitted must be Best Recorded Times short course or long course. All non conforming times will be seeded last.

YOU MAY SWIM A MAXIMUM OF 4 EVENTS PER DAY

ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST

ORCA WILL LIMIT ENTRIES TO MEET THE "4 HOUR" RULE FOR EACH SESSION

PM Session will begin no sooner than 11:30 am or a minimum of 30 minutes (per session) after the conclusion of the AM session or at the discretion of the meet Referee

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Girls		Saturday, December 3, 2011			Boys	
No.	Division	Age	Event	Age	No.	
1	BRW	5-10	200 Yard Freestyle	5-10	2	
3	BRW	5-8	100 Yard Freestyle	5-8	4	
5	BRW	5-10	50 Yard Backstroke	5-10	6	
7	BRW	5-8	25 Yard Backstroke	5-8	8	
9	BRW	5-10	100 Yard Breaststroke	5-10	10	
11	BRW	5-8	50 Yard Breaststroke	5-8	12	
13	BRW	5-10	50 Yard Butterfly	5-10	14	
15	BRW	5-8	25 Yard Butterfly	5-8	16	
17	BRW	5-10	50 Yard Freestyle	5-10	18	
19	BRW	5-8	50 Yard Freestyle	5-8	20	
21	Coach Entered	5-10	200 Yard Freestyle Relay	5-10	22	
23	On Deck	5-8	100 Yard Freestyle Relay	5-8	24	

Girls		Sunday, December 4, 2011			Boys	
No.	Division	Age	Event	Age	No.	
53	BRW	5-10	200 Yard Individual Medley	5-10	54	
55	BRW	5-8	100 Yard Individual Medley	5-8	56	
57	BRW	5-10	100 Yard Backstroke	5-10	58	
59	BRW	5-8	50 Yard Backstroke	5-8	60	
61	BRW	5-10	100 Yard Freestyle	5-10	62	
63	BRW	5-8	25 Yard Freestyle	5-8	64	
65	BRW	5-10	100 Yard Butterfly	5-10	66	
67	BRW	5-8	50 Yard Butterfly	5-8	68	
69	BRW	5-10	50 Yard Breaststroke	5-10	70	
71	BRW	5-8	25 Yard Breaststroke	5-8	72	
73	Coach Entered	5-10	200 Yard Medley Relay	5-10	74	
75	On Deck	5-8	100 Yard Medley Relay	5-8	76	

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25	BRW	11/12	200 Yard Freestyle	11/12	26
27	BRW	13 & Up	200 Yard Freestyle	13 & Up	28
29	BRW	11/12	50 Yard Backstroke	11/12	30
31	BRW	13 & Up	100 Yard Breaststroke	13 & Up	32
33	BRW	11/12	100 Yard Breaststroke	11/12	34
35	BRW	13 & Up	100 Yard Butterfly	13 & Up	36
37	BRW	11/12	100 Yard Butterfly	11/12	38
39	BRW	13 & Up	200 Yard Backstroke	13 & Up	40
39	BRW	11/12	200 Yard Backstroke	11/12	40
41	BRW	11/12	100 Yard Freestyle	11/12	42
43	BRW	13 & Up	100 Yard Freestyle	13 & Up	44
45	BRW	11/12	100 Yard Individual Medley	11/12	46
47	Coach Entered	13 & Up	400 Yard Freestyle Relay	13 & Up	48
49	On Deck	11/12	200 Yard Freestyle Relay	11/12	50
51	6:32.30	13 & Up	500 Yard Freestyle	6:20.30	52
	6:59.50	11/12	500 Yard Freestyle	7:05.30	

77	BRW	11/12	200 Yard Individual Medley	11/12	78
79	BRW	13 & Up	200 Yard Individual Medley	13 & Up	80
81	BRW	11/12	50 Yard Breaststroke	11/12	82
83	BRW	13 & Up	100 Yard Backstroke	13 & Up	84
85	BRW	11/12	100 Yard Backstroke	11/12	86
87	BRW	13 & Up	200 Yard Breaststroke	13 & Up	88
87	BRW	11/12	200 Yard Breaststroke	11/12	88
89	BRW	11/12	50 Yard Butterfly	11/12	90
91	BRW	13 & Up	200 Yard Butterfly	13 & Up	92
91	BRW	11/12	200 Yard Butterfly	11/12	92
93	BRW	13 & Up	50 Yard Freestyle	13 & Up	94
95	BRW	11/12	50 Yard Freestyle	11/12	96
97	Coach Entered	13 & Up	400 Yard Medley Relay	13 & Up	98
99	On Deck	11/12	200 Yard Medley Relay	11/12	100
101	13:45.80	13 & Up	1000 Yard Freestyle	13:30.70	102
	15:00.29	11/12	1000 Yard Freestyle	14:50.09	

5-8 Swimmers may enter 5-8 or 5-10 events but not a combination

*The 500 and 1000 Freestyle will be swum alternating girls and boys, and are asked to provide timers for 3 heats and their own lap counters.

****Relays will be swum, time permitting**

There will be two 45 minute warm-up periods per session. Teams will be notified as to which warm-up period they have been assigned prior to the first day of the meet