

THE FAST SWIM TEAM SCY "BRW" AGE GROUP SWIM MEET

Sanctioned by: Southern California Swimming
Sanction Number: 10-230
Sponsored by: FAST Swim Team
Orange Committee

DATE OF MEET: October 9 & 10, 2010
ENTRIES RECEIVED BY 5:00PM: September 29, 2010 (WEDNESDAY)
WARM UP TIME: 7:30 AM (Sat/Sun)
MEET START TIME: 9:00 AM (Sat/Sun)

**This is an Orange Committee "TRI" Meet, the following teams are eligible to enter: BREA, CDM, COTO, FAST, LBST, RAYS, SCAC, SCAT, STOP, YOC
PM Session begins no earlier than 11:00AM or 45 minutes after the conclusion of the AM Session

- POOL:** JANET EVANS SWIM COMPLEX, 801 W. Valencia Ave., Fullerton. From the 91 Freeway take the Euclid Ave. Exit. Go north on Euclid to Valencia and turn right on Valencia. JANET EVANS SWIM COMPLEX is to the left.
- COURSE:** INDEPENDENCE PARK SWIM COMPLEX is a heated, outdoor 25 yard pool with 10 racing lanes, and a separate warm-up area. This competition course has been certified in accordance with 104.2.2 (C). Pool Depth Measurements: Lanes 1-7=4' Lanes 8-10=5' at start and turn end.
- SPECIAL NOTICE:** Swimmers may swim a maximum of FOUR events per day. **FAST will limit entries to meet the "4 Hour" rule for each session.** Timers must be provided by each team. Swimmers in the 500 Yard Freestyle and the 400 IM must provide timers for three heats. You must provide your own lap counters. The 500 Freestyle and the 400 IM will be swum alternating girls and boys. 5-8 year old swimmers may enter 5-8 or 5-10 events but not a combination. ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST.
- MEDIA:** **This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.**
- UNACCOMPANIED ATHLETES:** **Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.**
- WARM UP RULES:** USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be under the direct supervision of an USA Swimming member coach. There will be **NO DIVING** into the pool during these times except into the designated sprint lane(s). **WARM-UP RULES WILL BE ANNOUNCED AND POSTED.**
- MEET REFEREE:** The meet referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to that person.
- RULES:** USA Swimming rules will govern. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form. (See 2010SCS Swim Guide). Swimmers must check in with the Clerk of Course for each event they wish to swim. **THE FIRST FOUR EVENTS OF EACH SESSION WILL CLOSE 30 MINUTES PRIOR TO THE START OF THAT SESSION.** After an event has been officially closed, swimmers MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group determined by their age on **October 9, 2010.** **Swimsuits for men may not extend above the navel or below the knee and for women may not cover the neck or extend past the shoulders or below the knee; no zippers or other fastening devices are allowed except a waist tie on a brief or jammer; suits must be of textile material (no polyurethane or neoprene). An athlete may wear a single set of garments underneath his or her competition swimsuit for modesty and/or privacy reasons.**
- CHANGE OF AFFILIATION:** Before the meet, a swimmer may change affiliation by submitting a CLUB TRANSFER form and the appropriate fee to the Swim Office. At the meet, a swimmer may UNATTACH by notifying the Administrative Referee in writing and paying the appropriate fee. A swimmer may not attach at the meet.
- ELIGIBILITY:** OPEN TO ATHLETES WHO ARE 2010 or 2011 USA Swimming members. SCS athletes must be members of the Orange Committee to be eligible for entry into this meet. Registration application must be **received by the Monday prior to the first day of the meet** by the meet processor, administrative referee or SCS Office. Late application will be considered "on deck" and subject to penalties in SCS Swim Guide, Part One, III, B. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition.
- SUBMITTED TIMES:** Times submitted must be **BEST RECORDED TIMES** short course or long course from this or preceding swim season (**NO WORK OUT TIMES**). All non conforming times will be seeded last. Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action.
- QUALIFYING TIMES:** Swimmers must have achieved time standards listed for an event. If a swimmer does not have a recorded time but is otherwise qualified, he/she may enter the meet at minimum (see 2009 Swim Guide for exceptions).
- AWARDS:** INDIVIDUAL EVENTS: "BLUE" and "RED" and "WHITE" Division: RIBBONS 1st through 8th
The following age groups will be awarded: 5/6, 7/8, 10 & Under, 11/12, 13/14, 15 & Up
- ENTRY FEE:** **\$3.00 for each INDIVIDUAL EVENT, plus \$5.25 SURCHARGE per swimmer must accompany each individual entry.** E-mail entry (entry.zip file) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE: A replacement file for the team will NOT be processed. Deletions will NOT be refunded.
- ENTRIES CLOSE:** **ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, SEPTEMBER 29, 2010. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED).** **To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, self-addressed postcard or envelope for return when your entry is received.**

NO CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED.

MAKE CHECKS PAYABLE TO:	SOUTHERN CALIFORNIA SWIMMING
EMAIL:	CLARY.HOME@GMAIL.COM
And MAIL TO:	STACY CLARY
(Include Swimmer's name and SCS Number)	7670 WHITEGATE AVE.
	RIVERSIDE, CA 92506

For further meet information call: Bill Jewell 714-773-5788 Receipt of entry will not be verified by phone or email.

THE FAST SWIM TEAM "BRW" SHORT COURSE AGE GROUP SWIM MEET

Date of Meet: October 9 & 10, 2010

ENTRIES RECEIVED BY 5:00PM: SEPTEMBER 29, 2010 (WEDNESDAY)

Times submitted must be Best Recorded Times short course or long course. All non conforming times will be seeded last.

YOU MAY SWIM A MAXIMUM OF 4 EVENTS PER DAY

FAST WILL LIMIT ENTRIES TO MEET THE "4 HOUR" RULE FOR EACH SESSION

PM SESSION WILL BEGIN NO SOONER THAN 11:00 AM OR 45 MINUTES AFTER THE CONCLUSION OF THE AM SESSION

ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST

The following teams are eligible to enter: BREA, CDM, COTO, FAST, LBST, RAYS, SCAC, SCAT, STOP, YOC

Girls		Saturday, October 9, 2010		9:00 am		Boys	
No.	Age	Event	Age	No.			
1	5-10	100 Yard Individual Medley	5-10	2			
3	5-8	100 Yard Individual Medley	5-8	4			
5	5-10	50 Yard Breaststroke	5-10	6			
7	5-8	25 Yard Breaststroke	5-8	8			
9	5-10	100 Yard Butterfly	5-10	10			
11	5-8	50 Yard Backstroke	5-8	12			
13	5-10	50 Yard Freestyle	5-10	14			
15	5-8	50 Yard Freestyle	5-8	16			
17	5-10	100 Yard Backstroke	5-10	18			
19	5-8	25 Yard Butterfly	5-8	20			
21	5-10	200 Yard Freestyle	5-10	22			

PM Session will begin no sooner than 11:00 am or 45 minutes after the end of the AM Session

23	11/12	200 Yard Freestyle	11/12	24			
25	13 & Up	200 Yard Freestyle	13 & Up	26			
27	11/12	50 Yard Breaststroke	11/12	28			
29	13 & Up	100 Yard Breaststroke	13 & Up	30			
31	11/12	100 Yard Butterfly	11/12	32			
33	11/12	200 Yard Backstroke	11/12	34			
33	13 & Up	200 Yard Backstroke	13 & Up	34			
35	11/12	100 Yard Breaststroke	11/12	36			
37	13 & Up	50 Yard Freestyle	13 & Up	38			
39	11/12	50 Yard Freestyle	11/12	40			
41	11/12	200 Yard Butterfly	11/12	42			
41	13 & Up	200 Yard Butterfly	13 & Up	42			
43	11/12	100 Yard Individual Medley	11/12	44			

10 Minute Break at the discretion of the Referee

45	13 & Up	400 Yard Individual Medley	13 & Up	46			
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5-8 swimmers may enter 5-8 or 5-10 events but not a combination

Girls		Sunday, October 10, 2010		9:00 am		Boys	
No.	Age	Event	Age	No.			
47	5-10	200 Yard Individual Medley	5-10	48			
49	5-8	50 Yard Breaststroke	5-8	50			
51	5-10	50 Yard Backstroke	5-10	52			
53	5-8	25 Yard Freestyle	5-8	54			
55	5-10	100 Yard Freestyle	5-10	56			
57	5-8	50 Yard Butterfly	5-8	58			
59	5-10	100 Yard Breaststroke	5-10	60			
61	5-8	25 Yard Backstroke	5-8	62			
63	5-10	50 Yard Butterfly	5-10	64			
65	5-8	100 Yard Freestyle	5-8	66			

PM Session will begin no sooner than 11:00 am or 45 minutes after the end of the AM Session

67	11/12	200 Yard Individual Medley	11/12	68			
69	13 & Up	200 Yard Individual Medley	13 & Up	70			
71	11/12	100 Yard Freestyle	11/12	72			
73	13 & Up	100 Yard Freestyle	13 & Up	74			
75	11/12	50 Yard Backstroke	11/12	76			
77	11/12	200 Yard Breaststroke	11/12	78			
77	13 & Up	200 Yard Breaststroke	13 & Up	78			
79	11/12	50 Yard Butterfly	11/12	80			
81	13 & Up	100 Yard Butterfly	13 & Up	82			
83	11/12	100 Yard Backstroke	11/12	84			
85	13 & Up	100 Yard Backstroke	13 & Up	86			

10 Minute Break at the discretion of the Referee

87	11/12	500 Yard Freestyle	11/12	88			
89	13 & Up	500 Yard Freestyle	13 & Up	90			

Swimmers in the 500 Yard Freestyle and 400 Individual Medley must provide timers for three heats and your own lap counters
The 500 Freestyle and the 400 IM will be swum alternating girls and boys.