

# ANAHEIM AQUATICS RED and WHITE SHORT COURSE AGE GROUP MEET

Sanctioned by: Southern California Swimming  
Sanction Number: 09-095  
Sponsored by: Anaheim Aquatics Association  
Orange Committee

DATE OF MEET: May 8, 9 & 10, 2009  
ENTRIES DUE: **April 27, 2009 (Monday)**  
WARM UP TIME: 5:00 PM (Fri), 7:30 AM (Sat/Sun)  
MEET START TIME: 6:00 PM (Fri), 9:00 AM (Sat/Sun)

\*Afternoon Session will begin no sooner than 1:00pm or 60 min. after the conclusion of Morning session

**POOL:** CANYON HIGH SCHOOL, 220 S. IMPERIAL HIGHWAY, ANAHEIM, CA. From the 55 Freeway to the 91 Freeway East towards Riverside, exit Imperial Highway, go right about ½ mile, Canyon High School is on the left side of the street.

**COURSE:** CANYON HIGH SCHOOL pool is an outdoor 25 Yard pool with eight (8) swimming lanes and a warm up area. This competition course has not been certified in accordance with 104.2.2 ( C ).

**SPECIAL NOTICE:** **SWIMMERS MAY SWIM A MAXIMUM OF THREE (3) EVENTS PER DAY.** AAA will limit entries to meet the "4 Hour" rule for each session. Timers must be provided by each team. Swimmers must bring their own lap counters. Lap counters will NOT be provided. 500 Yard Freestyle must provide timers for three (3) heats. **25 Yard events are offered both days for the 8 & Under swimmers. However, a swimmer may only swim an offered event once during the course of the meet. 8 & Under swimmers may swim in 8 & Under or 10 & Under events but not a combination. Split Warm Up will be announced.**

**WARM UP RULES:** USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be under the direct supervision of a USA Swimming member coach. There will be **NO DIVING** into the pool during these times except into the designated sprint lane(s). **WARM-UP RULES WILL BE ANNOUNCED AND POSTED.**

**MEET REFEREE:** The meet referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to that person.

**RULES:** USA Swimming rules will govern. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form. (See 2009 SCS Swim Guide). Swimmers must check in with the Clerk of Course for each event they wish to swim. After an event has been officially closed, swimmers MAY NOT CHECK IN OR SCRATCH. Swimmers in the first four events of each session must check in **THIRTY MINUTES** prior to the start of the session. Swimmers who check in and fail to swim an event will be disqualified from their next individual event. Swimmers must swim in their actual Age Group as determined by their age on **May 8, 2009. Swimsuits worn in all Age Group competitions (as defined by USA Swimming) shall not extend past the top of the shoulder (the acromial process (a triangular projection of the scapula)), and shall not extend further down each leg than the top of the kneecap (patella). Swimsuits worn in all Age Group competition shall not be constructed of any polyurethane or neoprene material, except post-manufacturing logos and decorations. All events at Committee level meets shall be considered Age Group competition under SCS Rules & Procedures, Part Four, I, E.**

**CHANGE OF AFFILIATION:** Before the meet, a swimmer may change affiliation by submitting a CLUB TRANSFER form and the appropriate fee to the Swim Office. At the meet, a swimmer may UNATTACH by notifying the Administrative Referee in writing and paying the appropriate fee. A swimmer may not attach at the meet.

**ELIGIBILITY:** OPEN TO ATHLETES WHO ARE 2009 USA SWIMMING REGISTERED. SCS athletes must be members of the Orange Committee. NO ON-DECK ENTRIES. Registration applications must be received by the meet host or SCS office prior to the first day of the meet. REGISTRATION APPLICATIONS MAY BE SUBMITTED TOGETHER WITH ENTRY FORM. There are substantial penalties to swimmer and Club (See 2009 SCS Swim Guide, Part One, III, B) if USA Swimming registration is completed at the meet.

**SUBMITTED TIMES:** Times submitted must be **BEST RECORDED SHORT COURSE YARD TIMES** from this or preceding swim season (**NO WORK OUT TIMES**). Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action.

**QUALIFYING TIMES:** Swimmers must not exceed the time standards listed for an event. If a swimmer does not have a recorded time but is otherwise qualified, he/she may enter the meet. 11/12 Year old swimmers entering the 500 Yard Freestyle **must have qualified to enter with the minimum RED time standard in the 500 Yard Freestyle (Girls 6:59.50; Boys 7:05.30).** (see 2009 Swim Guide for times and exceptions). Nonconforming times may be submitted and will be used for seeding purposes only.

**AWARDS:** Red and White RIBBONS: 1<sup>st</sup> through 8<sup>th</sup>  
**5/6, 7/8, 10 & Under, 11/12, 13/14 and 15 & Up age groups will be awarded**

**ENTRY FEES:** **\$2.75 for each INDIVIDUAL EVENT, plus \$5.00 SURCHARGE per swimmer must accompany each individual entry card.** E-mail entry (entry.zipfile) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5 PM postmark would queue before a 10 PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will NOT be processed. Deletions will NOT be refunded.

**ENTRIES CLOSE:** Entry forms bearing a postmark LATER THAN 12:00 MIDNIGHT on the due date of entry form WILL BE REJECTED. Space permitting, entries will be accepted if hand delivered to the address below up to 8:00 PM on Wednesday, April 29, 2009. NOTICE: Entries stamped with post office meter machine will be accepted if it arrives three days after the entries are due. (For example, if entry cards are due on a Monday and the envelope, stamped by a business machine arrives at the destination on Friday, it will be rejected). **To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, self-addressed postcard or envelope for return when your entry is received.**

**NO CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED.**

<b>MAKE CHECKS PAYABLE TO:</b> <b>EMAIL TO:</b> <b>And MAIL TO:</b>	<b>SOUTHERN CALIFORNIA SWIMMING</b> <b>JULSONLL@AOL.COM</b> Lynda Julson 25552 Loganberry Lane Lake Forest, CA 92630
<b>Please include Swimmer's name and SCS Number</b>	

For Further Information call: Kenny Russell at 714/283-2176 or email Kenny@anaheimaquatics.org Receipt of entry will not be verified by phone or email.

**FULL SNACK BAR WILL BE AVAILABLE**

# ANAHEIM AQUATICS RED and WHITE AGE GROUP MEET

**Date of Meet: May 8, 9 & 10, 2009**

**Entries Due: April 27, 2009 (Monday)**

Girls Friday, May 8, 2009 6:00pm Boys

No.	Maximum	Age	Event	Maximum	No.
1	2:42.01	10 & Under	200 Yard Freestyle	2:41.81	2
3	2:46.21	11/12	200 Yard Individual Medley	2:46.51	4
5	5:36.61	13/14	400 Yard Individual Medley	5:18.21	6
5	5:22.01	15 & Up	400 Yard Individual Medley	5:01.21	6
7	6:24.61	11/12	500 Yard Freestyle	6:29.81	8
9	5:59.61	13/14	500 Yard Freestyle	5:48.61	10
9	5:57.41	15 & Up	500 Yard Freestyle	5:34.81	10

Girls Saturday, May 9, 2009 9:00am Boys

No.	Maximum	Age	Event	Maximum	No.
11	1:28.41	8 & Under	100 Yard Freestyle	1:25.01	12
13	1:14.71	10 & Under	100 Yard Freestyle	1:14.31	14
15	48.11	8 & Under	50 Backstroke	46.81	16
17	1:28.61	10 & Under	100 Yard Backstroke	1:28.71	18
19	22.21	8 & Under	25 Yard Backstroke	21.61	20
21	52.31	8 & Under	50 Yard Breaststroke	51.01	22
23	45.61	10 & Under	50 Yard Breaststroke	45.61	24
25	24.01	8 & Under	25 Yard Breaststroke	23.31	26
27	38.31	10 & Under	50 Yard Butterfly	38.21	28
29	21.31	8 & Under	25 Yard Butterfly	21.31	30
31	3:06.51	10 & Under	200 Yard Individual Medley	3:07.41	32
33	18.11	8 & Under	25 Yard Freestyle	17.61	34

PM Session will begin no sooner than 1:00 pm or 60 minutes after the end of the AM Session

35	40.81	11/12	50 Yard Breaststroke	41.01	36
37	3:01.71	13/14	200 Yard Breaststroke	2:50.81	38
37	3:08.81	11/12	200 Yard Breaststroke	3:09.01	38
37	3:00.81	15 & Up	200 Yard Breaststroke	2:43.01	38
39	1:16.11	11/12	100 Yard Butterfly	1:18.21	40
41	1:11.01	13/14	100 Yard Butterfly	1:07.71	42
41	1:11.11	15 & Up	100 Yard Butterfly	1:05.11	42
43	1:17.91	11/12	100 Yard Backstroke	1:20.51	44
45	2:39.61	13/14	200 Yard Backstroke	2:31.01	46
45	2:46.21	11/12	200 Yard Backstroke	2:51.41	46
45	2:33.81	15 & Up	200 Yard Backstroke	2:23.91	46
47	1:06.71	11/12	100 Yard Freestyle	1:06.21	48
49	1:03.41	13/14	100 Yard Freestyle	59.61	50
49	1:02.81	15 & Up	100 Yard Freestyle	57.41	50
51	1:17.71	11/12	100 Yard Individual Medley	1:17.71	52
53	2:36.61	13/14	200 Yard Individual Medley	2:29.01	54
53	2:37.71	15 & Up	200 Yard Individual Medley	2:21.71	54

25 Yard events are offered both days for the 8 & Under Swimmers. However, a swimmer may only swim an offered event once during the course of the meet.

**SUBMIT BEST RECORDED SHORT COURSE YARD TIMES**  
**SPLIT WARM UP WILL BE ANNOUNCED**

You may swim a maximum of 3 events per day.

AAA will limit entries to meet the "4 Hour" rule for each session.

Afternoon Session will begin no sooner than 1:00 pm or 60 minutes after the conclusion of the morning session.

8 & Under swimmers may enter 8 & Under or 10 & Under events but not a combination.

**11/12 year old swimmers entering the 500 Yard Freestyle must have achieved the 11/12 Red time standard. (Girls 6:59.50; Boys 7:05.30)**

Girls Sunday, May 10, 2009 9:00am Boys

No.	Maximum	Age	Event	Maximum	No.
55	1:41.21	8 & Under	100 Yard Individual Medley	1:38.51	56
57	1:26.61	10 & Under	100 Yard Individual Medley	1:26.91	58
59	18.11	8 & Under	25 Yard Freestyle	17.61	60
61	40.51	10 & Under	50 Yard Backstroke	40.41	62
63	22.21	8 & Under	25 Yard Backstroke	21.61	64
65	1:40.01	10 & Under	100 Yard Breaststroke	1:40.51	66
67	24.01	8 & Under	25 Yard Breaststroke	23.31	68
69	40.51	8 & Under	50 Yard Freestyle	39.41	70
71	33.91	10 & Under	50 Yard Freestyle	34.11	72
73	46.31	8 & Under	50 Yard Butterfly	47.01	74
75	1:29.31	10 & Under	100 Yard Butterfly	1:29.41	76
77	21.31	8 & Under	25 Yard Butterfly	21.31	78

PM Session will begin no sooner than 1:00 pm or 60 minutes after the end of the AM Session

79	2:24.11	11/12	200 Yard Freestyle	2:24.61	80
81	2:16.10	13/14	200 Yard Freestyle	2:10.91	82
81	2:16.41	15 & Up	200 Yard Freestyle	2:04.81	82
83	36.21	11/12	50 Yard Backstroke	36.61	84
85	1:14.11	13/14	100 Yard Backstroke	1:11.31	86
85	1:14.51	15 & Up	100 Yard Backstroke	1:08.21	86
87	1:28.91	11/12	100 Yard Breaststroke	1:29.01	88
89	1:23.41	13/14	100 Yard Breaststroke	1:19.11	90
89	1:23.91	15 & Up	100 Yard Breaststroke	1:15.81	90
91	30.71	11/12	50 Yard Freestyle	30.81	92
93	29.31	13/14	50 Yard Freestyle	27.51	94
93	29.31	15 & Up	50 Yard Freestyle	26.51	94
95	34.31	11/12	50 Yard Butterfly	34.51	96
97	2:40.51	13/14	200 Yard Butterfly	2:33.31	98
97	2:43.21	11/12	200 Yard Butterfly	2:47.41	98
97	2:36.61	15 & Up	200 Yard Butterfly	2:21.61	98