

GOLDEN WEST SWIM CLUB SHORT COURSE "BRW" AGE GROUP MEET

Sanctioned by: Southern California Swimming
Sanction Number: 08-222
Co-Sponsored by: GOLDEN WEST SWIM CLUB and GOLDEN WEST COLLEGE AQUATICS PROGRAM
Orange Committee

DATE OF MEET: December 6 & 7, 2008
ENTRIES DUE: **November 24, 2008 (Monday)**
WARM UP TIME: 7:30 AM (Sat/Sun)
MEET START TIME: 9:00 AM (Sat/Sun)

**This is an Orange Committee "TRI" Meet, the following teams are eligible to enter: AVM, AZOT, BREA, FAST, GWSC, PCA, RAYS, SCAC, SCAT, SEAL, TD
Afternoon Session will begin no sooner than 11:00 AM or 45 minutes after the conclusion of the AM Session

- POOL:** GOLDEN WEST COLLEGE POOL, 15744 GOLDEN WEST AVENUE, HUNTINGTON BEACH, CA. Take 405 freeway north or south to Golden West Avenue. Go south on Golden West past McFadden to Golden West College. Park near the tennis courts for quick access to the pool. Additional parking available on Gothard, 1 block east of Golden West Avenue.
- COURSE:** GOLDEN WEST COLLEGE POOL is an outdoor 50 meter pool; 25 yard competition area with eight (8) swimming lanes, and a warm-up area.
- SPECIAL NOTICE:** Swimmers may swim a maximum of FOUR events per day. **GWSC will limit entries to meet the "4 Hour" rule for each session.** Timers must be provided by each team. Swimmers in the 500 and 1000 Freestyle must provide timers for three heats. You must provide your own lap counters. 11 & Older swimmers who meet the time standard may enter OPEN events. 8 & Under swimmers may enter 8 & Under or 10 & Under events but not any combination. **Relays will be swum, time permitting.**
- WARM UP RULES:** USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be under the direct supervision of an USA Swimming member coach. There will be **NO DIVING** into the pool during these times except into the designated sprint lane(s). **WARM-UP RULES WILL BE ANNOUNCED AND POSTED.**
- MEET REFEREE:** The meet referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to that person.
- RULES:** USA Swimming rules will govern. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form. (See 2008 S Swim Guide). Swimmers must check in with the Clerk of Course for each event they wish to swim. After an event has been officially closed, swimmers **MAY NOT CHECK IN OR SCRATCH.** Swimmers must check in **THIRTY MINUTES** prior to the start of the appropriate age group session. Swimmers must swim in their actual Age Group as determined by their age on **December 6, 2008**. In SCS age group events, a swimmer's suit may not extend past the shoulder or the knee cap.
- CHANGE OF AFFILIATION:** Before the meet, a swimmer may change affiliation by submitting a Club Transfer form and the appropriate fee to the Swim Office. At the meet, a swimmer may **UNATTACH** by notifying the Administrative Referee in writing and paying the appropriate fee. **A swimmer may not attach at the meet.**
- ELIGIBILITY:** OPEN TO ATHLETES WHO ARE 2008 or 2009 USA SWIMMING REGISTERED. SCS athletes must be members of the Orange Committee to be eligible for entry into this meet. **NO ON-DECK ENTRIES.** Registration applications must be received by the meet host or SCS office prior to the first day of the meet. **REGISTRATION APPLICATIONS MAY BE SUBMITTED TOGETHER WITH ENTRY FORM.** There are substantial penalties to swimmer and Club (See 2008 SCS Swim Guide, Part One, III, B) if USA Swimming registration is completed at the meet.
- SUBMITTED TIMES:** Times submitted must be **BEST RECORDED SHORT COURSE YARD TIMES** from this or preceding swim season (**NO WORK OUT TIMES**). Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action.
- QUALIFYING TIMES:** Swimmers must have achieved time standards listed for an event. If a swimmer does not have a recorded time but is otherwise qualified, he/she may enter the meet at "NT" (see 2008Swim Guide for exceptions).
- AWARDS:** INDIVIDUAL EVENTS: "Blue" and "Red" and "White" Division: RIBBONS 1st through 8th
RELAYS: RIBBONS 1st through 3rd
Ribbons will be awarded by the following Age Groups: 5/6, 7/8, 10 & Under, 11/12, 13/14 and 15 & Up
- ENTRY FEE:** **\$2.75 for each INDIVIDUAL EVENT, plus \$5.00 SURCHARGE per swimmer must accompany each individual entry card.** E-mail entry (entry.zipfile) will be accepted **ONLY** when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers may be submitted by hard copy (this includes e-mail) **ONLY**. New swimmers accepted by the due date if **SPACE IS AVAILABLE**. **DO NOT RESEND AN ENTRY FILE.** A replacement file for the team will **NOT** be processed. Deletions will **NOT** be refunded.
- ENTRIES CLOSE:** Entry forms bearing a postmark **LATER THAN 12:00 MIDNIGHT** on the due date of entry form **WILL BE REJECTED**. Space permitting, entries will be accepted if delivered to the address below up to 8:00 PM on Wednesday, November 26, 2008. **NOTICE:** Entries stamped with post office meter machine will be accepted if it arrives three days after the entries are due. (For example, if entry cards are due on a Monday and the envelope, stamped by a business machine arrives at the destination on Friday, it will be rejected). **To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, self-addressed postcard or envelope for return when your entry is received.**

NO CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED.

MAKE CHECKS PAYABLE TO:	SOUTHERN CALIFORNIA SWIMMING
EMAIL:	JULSONLL@AOL.COM
And MAIL TO:	Lynda Julson
(Include Swimmer's name and SCS Number)	25552 Loganberry Lane
	Lake Forest, CA 92630

For further meet information call: Patrick Gillispie 714/536-6636 or email pgillispie@socal.rr.com Receipt of entry will not be verified by phone or email.

GOLDEN WEST SWIM CLUB "BRW" SHORT COURSE AGE GROUP MEET

Date of Meet: December 6 & 7, 2008

Entries Due: November 24, 2008 (Monday)

SUBMIT BEST RECORDED SHORT COURSE YARD TIMES

YOU MAY SWIM A MAXIMUM OF 4 EVENTS PER DAY

GWSC WILL LIMIT ENTRIES TO MEET THE "4 HOUR" RULE FOR EACH SESSION

AFTERNOON SESSION WILL BEGIN NO SOONER THAN 11:00 AM OR 45 MINUTES AFTER THE CONCLUSION OF THE MORNING SESSION

This is an Orange Committee "TRI" meet, the following teams may enter: AVM, AZOT, BREA, FAST, GWSC, PCA, RAYS, SCAC, SCAT, SEAL, TD

Girls Saturday, December 6, 2008 9:00 am Boys

No.	Division	Age	Event	Age	No.
1	BRW	10 & Under	200 Yard Freestyle	10 & Under	2
3	BRW	8 & Under	100 Yard Freestyle	8 & Under	4
5	BRW	10 & Under	50 Yard Backstroke	10 & Under	6
7	BRW	8 & Under	50 Yard Breaststroke	8 & Under	8
9	BRW	10 & Under	100 Yard Breaststroke	10 & Under	10
11	BRW	8 & Under	25 Yard Backstroke	8 & Under	12
13	BRW	10 & Under	50 Yard Butterfly	10 & Under	14
15	BRW	8 & Under	25 Yard Butterfly	8 & Under	16
17	BRW	10 & Under	50 Yard Freestyle	10 & Under	18
19	BRW	8 & Under	50 Yard Freestyle	8 & Under	20
21	Coach Entered	10 & Under	200 Yard Freestyle Relay	10 & Under	22
23	On Deck	8 & Under	100 Yard Freestyle Relay	8 & Under	24

PM Session will begin no sooner than 11:00 or 45 min after the conclusion of AM Session

25	BRW	11/12	200 Yard Freestyle	11/12	26
27	BRW	13 & Up	200 Yard Freestyle	13 & Up	28
29	BRW	11/12	50 Yard Backstroke	11/12	30
31	BRW	13 & Up	100 Yard Freestyle	13 & Up	32
33	BRW	11/12	100 Yard Freestyle	11/12	34
35	BRW	13 & Up	100 Yard Butterfly	13 & Up	36
37	BRW	11/12	100 Yard Butterfly	11/12	38
39	BRW	13 & Up	200 Yard Backstroke	13 & Up	40
39	BRW	11/12	200 Yard Backstroke	11/12	40
41	BRW	11/12	100 Yard Breaststroke	11/12	42
43	BRW	13 & Up	100 Yard Breaststroke	13 & Up	44
45	BRW	11/12	100 Yard Individual Medley	11/12	46
47	Coach Entered	13 & Up	400 Yard Freestyle Relay	13 & Up	48
49	On Deck	11/12	200 Yard Freestyle Relay	11/12	50
51	OPEN	6:24.60	500 Yard Freestyle	6:29.80	52

*8 & Under Swimmers may compete in 8 & Under or 10 & Under events
but not any combination.

*The 500 and 1000 Freestyle will be seeded fastest to slowest,
alternating girls and boys.

Girls Sunday, December 7, 2008 9:00am Boys

No.	Division	Age	Event	Age	No.
53	ABC	10 & Under	200 Yard Individual Medley	10 & Under	54
55	ABC	8 & Under	100 Yard Individual Medley	8 & Under	56
57	ABC	10 & Under	100 Yard Backstroke	10 & Under	58
59	ABC	8 & Under	50 Yard Backstroke	8 & Under	60
61	ABC	10 & Under	100 Yard Freestyle	10 & Under	62
63	ABC	8 & Under	25 Yard Freestyle	8 & Under	64
65	ABC	10 & Under	100 Yard Butterfly	10 & Under	66
67	ABC	8 & Under	50 Yard Butterfly	8 & Under	68
69	ABC	10 & Under	50 Yard Breaststroke	10 & Under	70
71	ABC	8 & Under	25 Yard Breaststroke	8 & Under	72
73	Coach Entered	10 & Under	200 Yard Medley Relay	8 & Under	74
75	On Deck	8 & Under	100 Yard Medley Relay	10 & Under	76

PM Session will begin no sooner than 11:00 or 45 min after the conclusion of AM Session

77	BRW	11/12	200 Yard Individual Medley	11/12	78
79	BRW	13 & Up	200 Yard Individual Medley	13 & Up	80
81	BRW	11/12	50 Yard Breaststroke	11/12	82
83	BRW	13 & Up	100 Yard Backstroke	13 & Up	84
85	BRW	11/12	100 Yard Backstroke	11/12	86
87	BRW	11/12	50 Yard Butterfly	11/12	88
89	BRW	13 & Up	200 Yard Breaststroke	13 & Up	90
89	BRW	11/12	200 Yard Breaststroke	11/12	90
91	BRW	13 & Up	50 Yard Freestyle	13 & Up	92
93	BRW	11/12	50 Yard Freestyle	11/12	94
95	BRW	11/12	200 Yard Butterfly	11/12	96
95	BRW	13 & Up	200 Yard Butterfly	13 & Up	96
97	Coach Entered	13 & Up	400 Yard Medley Relay	13 & Up	98
99	On Deck	11/12	200 Yard Medley Relay	11/12	100
101	OPEN	12:58.60	1000 Yard Freestyle	13:09.80	102

****Relays will be swum, time permitting**

11 & Older Swimmers who meet the time standard may enter OPEN events.

*Swimmers in the 500 and 1000 Yard Freestyle must provide timers for
3 heats and their own lap counters.