

2008 SOUTHERN CALIFORNIA SWIMMING
“BLUE” SUMMER JUNIOR OLYMPIC CHAMPIONSHIPS

hosted by the Mission Viejo Nadadores
Marguerite Recreation Center, Mission Viejo. July 30th through August 3rd.

SANCTION # 08-150

HY-TEK DISK ENTRY (MUST BE ACCOMPANIED BY SIGNED HARD COPY AND SINGLE TEAM CHECK)

IS ENCOURAGED, ALTHOUGH BLUE CARDS WILL BE ACCEPTED.

THIS IS A “PROOF OF TIME” MEET – PROOF OF TIME MUST BE SUBMITTED.

IF SUBMITTING HY-TEK ENTRY VIA THE INTERNET (EMAIL), THE EMAILED ENTRY MUST INCLUDE BOTH THE ELECTRONIC ENTRY FILE (HY3) AND A PDF OF THE TEXT ENTRY ELECTRONICALLY SIGNED BY THE COACH.

- OPEN TO:** Southern California Swimming members affiliated or training with teams assigned the **BLUE** meet designation.
- ELIGIBILITY:** OPEN ONLY TO 2008 SOUTHERN CALIFORNIA SWIMMING, USA Swimming REGISTERED SWIMMERS, who have met the SCS Summer JO time standard in each event entered. Registration application must be received by SCS prior to the first day of the meet and may be submitted with entry. There are substantial penalties to swimmers and club (see the 2008 SCS Swim Guide), if USA Swimming registration is completed at the meet.
- DIRECTIONS:** **Marguerite Recreation Center.** 27474 Casta Del Sol, Mission Viejo, CA 92692
Take I-5 to the La Paz exit. Turn east on La Paz, left on Marguerite, right on Casta Del Sol. Turn right at first driveway. Swim parking lot is behind the tennis courts on the right with the exit being at the upper level. Do not park in the tennis lot.
- COURSE:** Competition pool is an outdoor, international depth, eight-lane 50 meter course with an adjacent eight lane SCY warm-up pool.
- WARM UP:** The competition pool will be available for warm up at 7:30am each day of the competition. Separate 25 yd. warm up areas will be available throughout the competition. SCS warm up policy will be enforced.
- RULES:** USA Swimming Rules will govern the conduct of this meet. Current SCS procedures be in effect and take precedence over any errors or omissions on this form. Swimmers must check-in with the Clerk of Course for each event. After an event is closed a swimmer may not check-in or scratch. ***if entries warrant, the preliminaries will run “in chase” from both ends of the pool.***
- MEET REFEREE/ OFFICIALS:** **The Meet Referee is in charge of the conduct of the meet. The SCS Officials Chairman will appoint deck officials.**
- MEET START TIMES:** Preliminaries and Relay sessions will begin at 9:00 a.m. Finals sessions will begin no sooner than 2 hours after the completion of the final heat of the preliminary session. **THE FIRST FOUR EVENTS** each day will close for check-in 40 minutes before the posted start time of the meet that day. Swimmers must compete in their age group; age as of July 30th, 2008 determines the age for the meet.
- DISTANCE EVENTS:** The 800 and 1500 meter freestyle are 'timed finals' with all age groups combined and standard seeding. Events will be swum fastest to slowest, alternating girls' and boys' heats. Swimmers must provide (1) timer to time a minimum of (3) heats in order to compete in these events. Please see event sequence for order of swims. ***if entries warrant, the 800 and/or 1500 meter freestyle events will be swum two swimmers per lane.***
- EVENT LIMIT:** You may enter all events that meet qualifying time standards. Swimmers may swim a **MAXIMUM of Three (3)** individual events per day, but may swim **NO MORE than SIX** individual events for the meet.
- COMBINED EVENTS:** The 13/14 and 15 & UP events will be combined for PRELIMS and TIMED FINALS (excluding relays). FINALS will be swum, scored, and awarded by age group.
- SUBMITTED TIMES:** Submit ACTUAL times achieved for each event. If Standard is achieved in LONG COURSE METERS, enter event with LONG COURSE METER time, indicated on entry by “L”. If Standard is achieved in SHORT COURSE YARDS, enter event with SHORT COURSE YARD time, indicated on entry by “Y”. YARD TIMES WILL BE SEEDED AFTER METER QUALIFIERS. If using a blue card, time on front of card must be clearly marked with either “L” or “Y” with proof of time yards/meters on the back of the card. If entering electronically, “L” or “Y” must be indicated on proof of time sheet. (See 2008 SCS Swim Guide or www.socalswim.org for SHORT COURSE YARD time standards.) Time standards must have been achieved on or after Sept. 1st, 2006 and must be verifiable. Meets outside SCS or non USA Swimming meets are provable only with official results subject

to SCS approval. (Refer to 2008 SCS Swim Guide.) **As a reminder: no updated times will be accepted after the meet entry deadline.**

PROOF OF TIME:

This is a proof of time meet. The meet host will verify all entries against the USA Swimming SWIMS times database. An unverified entry time must be proven prior to the beginning of the competition or the swimmer or relay will be scratched from that event. Only swimmers and/or relay teams with verified times will be seeded. Entry times not proven by the scratch deadline shall be subject to the "Responsibility Clause" in the USA Swimming Rules & Regulations (207.8.3)

DISABLED SWIMMER ENTRY:

A swimmer with a disability may enter a 200 mtr. event (except the 200 IM), if her/his 100 meter entry time qualifies for the 200 meter event; likewise a 400 meter event if her/his 200 meter time qualifies for the 400 meter event. A swimmer so entered shall be seeded in the slowest heat and swim the lesser distance.

ENTRIES DUE:

Entries must be postmarked by no later than **Monday, July 21st. Relays must be pre-entered by coaches on separate relay entry form.** Hand delivered entries received at address below by 8:00 PM Wednesday, July 23rd will be accepted. **NO LATE ENTRIES** will be accepted. All entries not meeting the deadline **WILL BE REJECTED.** Notice – Entry stamped with a post office meter machine will be accepted if it arrives three days after the entry deadline. To avoid any concern regarding receipt of entry card enclose a self-addressed stamped envelope or postcard. **No certified, registered, special delivery, or mail requiring a signature will be accepted.** Receipt of entry will not be confirmed by phone. Note: keep a copy of entry form for your records.

CHANGE OF AFFILIATION:

Before the meet a swimmer may change affiliation by submitting a "Change of Affiliation" form and the appropriate fee to the SCS office. At the meet, a swimmer may UNATTACH by notifying the Administrative Referee in writing and paying the appropriate fee. A swimmer may not attach or reattach at the meet.

AWARDS:

Individual: 1st-8th places, custom medals.
9th-16th place, certificates.
Relays: 1st-3rd place teams, custom medals.
Team: 1st-6th awards for girls/boys/combined team.

SCORING:

Individual: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
Relays: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

RELAYS:

All relays will be swum Sunday, August 3rd. A \$10.00 fee must accompany all relay entries. Relays must be pre-entered with provable times included on the relay entry form. RELAY ONLY swimmers must pay the \$10.00 surcharge per swimmer. Entry deadline for the relay entry form is the same as individual entries. Refunds for relay entry fees according to SCS rules only.

A club may enter one relay in an event meeting the listed "soft standard," provided it enters only one relay. A club entering more than one relay in an event, must meet the listed "hard standard" for each relay entered. **ALL relays for each event must be proven.**

TIME TRIALS:

Sanction# 08-151
Will be swum provided both BLUE and RED meets can offer Time Trials between the am/pm session of selected days, time permitting. 3 events per day limit applies (JO events + Time Trials = 3 events per day or less). Deck Entered. Entry fee is \$10.00 per event, no refunds after seeding. Open only to 2008 SCS swimmers who are entered in at least 1 individual event or relay in the JO's. The Administrative Referee will determine the order of events. NO Time Trials will be held on Sunday, August 3rd.

ENTRY FEES:

\$4.25 per individual event. **\$10.00** surcharge per swimmer.
\$10.00 per relay event. **\$10.00** surcharge each for relay only swimmers.
IF HY-TEK ENTRY IS MADE VIA THE INTERNET (EMAIL), THE TEAM CHECK MUST BE POSTMARKED WITHIN 48 HOURS OF THE EMAIL DATE STAMP.

MAKE CHECKS PAYABLE TO **SOUTHERN CALIFORNIA SWIMMING** AND MAIL TO:

Judi Divan
33561 Calle Miramar
San Juan Capistrano, CA 92675
949 496-3914
email: divanj@cox.net

NO REFUNDS.
RETURNED CHECKS will incur a service fee per SCS policy.

SOUTHERN CALIFORNIA SWIMMING 2008 JUNIOR OLYMPIC SUMMER CHAMPIONSHIPS ORDER OF EVENTS

WEDNESDAY, JULY 30th. 9 AM START. Warm up – 7:30 AM

Girls	JO MIN	AGE	EVENT	JO MIN	Boy
1	1:22.40	11-12	100 M Back	1:23.40	2
3	2:45.20	13-14	200 M Back	2:41.40	4
	2:41.10	15 & UP	200 M Back	2:31.90	
5	1:20.30	11-12	100 M Fly	1:21.90	6
7	2:51.90	13-14	200 M Fly	2:47.00	8
	2:44.70	15 & UP	200 M Fly	2:32.80	
9	1:09.80	11-12	100 M Free	1:10.50	10
11	1:06.10	13-14	100 M Free	1:02.80	12
	1:03.70	15 & UP	100 M Free	58.30	
13	10:33.60	13-14	800 M Free*	10:17.50	14
	10:18.40	15 & UP	800 M Free *	9:50.60	

* NOTE: The 800 M Freestyle (timed final) will be combined, swum Fastest to Slowest, alternating Girls and Boys, with the Fastest Heat of Girls and Boys swimming during the Finals session. The 800 M Freestyle will be placed and scored by Age Group. Swimmers in the 800/1500 M Freestyle MUST provide one (1) timer for three (3) heats, and must provide their own lap counters. **800 M FREE will close for seeding by time at 10:00 a.m.** The event will be closed to swim (1) hour prior to the event swimming.

THURSDAY, JULY 31st. 9 AM START. Warm up – 7:30 AM

Girls	JO MIN	AGE	EVENT	JO MIN	Boy
15	1:36.00	10/UN	100 M Fly	1:37.10	16
17	2:23.20	13-14	200 M Free	2:16.50	18
	2:18.40	15 & UP	200 M Free	2:07.20	
19	2:51.30	10/UN	200 M Free	2:53.00	20
21	2:31.80	11-12	200 M Free	2:32.10	22
23	1:32.80	10/UN	100 M Back	1:32.30	24
25	5:47.60	13-14	400 M IM	5:38.00	26
	5:41.60	15 & UP	400 M IM	5:23.50	
27	48.30	10/UN	50 M Breast	49.50	28
29	42.20	11-12	50 M Breast	43.10	30
31	1:26.30	13-14	100 M Breast	1:22.80	32
	1:24.60	15 & UP	100 M Breast	1:18.20	

FRIDAY, AUGUST 1st. 9 AM START. Warm up – 7:30 AM

Girls	JO MIN	AGE	EVENT	JO MIN	Boy
33	1:19.00	10/UN	100 M Free	1:19.50	34
35	5:20.40	11-12	400 M Free	5:24.70	36
37	5:01.70	13-14	400 M Free	4:50.60	38
	4:52.40	15 & UP	400 M Free	4:33.80	
39	40.50	10/UN	50 M Fly	39.90	40
41	35.50	11-12	50 M Fly	35.60	42
43	1:14.40	13-14	100 M Fly	1:10.60	44
	1:11.20	15 & UP	100 M Fly	1:03.90	
45	3:14.70	10/UN	200 M IM	3:13.00	46
47	2:51.70	11-12	200 M IM	2:52.20	48
49	2:42.40	13-14	200 M IM	2:35.50	50
	2:37.70	15 & UP	200 M IM	2:25.30	

SATURDAY, AUGUST 2nd. 9 AM START. Warm up – 7:30 AM

Girls	JO MIN	AGE	EVENT	JO MIN	Boy
51	1:45.20	10/UN	100 M Breast	1:47.70	52
53	1:32.00	11-12	100 M Breast	1:33.60	54
55	3:05.40	13-14	200 M Breast	2:59.20	56
	3:04.40	15 & UP	200 M Breast	2:52.70	
57	35.90	10/UN	50 M Free	35.80	58
59	31.80	11-12	50 M Free	31.80	60
61	30.50	13-14	50 M Free	28.90	62
	29.90	15 & UP	50 M Free	26.90	
63	43.00	10/UN	50 M Back	43.00	64
65	38.30	11-12	50 M Back	38.40	66
67	1:16.50	13-14	100 M Back	1:15.10	68
	1:14.80	15 & UP	100 M Back	1:08.90	
69	20:19.20	13-14	1500 M Free **	20:00.30	70
	20:03.00	15 & UP	1500 M Free**	19:22.60	

** NOTE: The 1500 M Freestyle (timed final) will be combined, swum Fastest to Slowest, alternating Girls and Boys, with the Fastest Heat of Girls and Boys swimming during the Finals session after events #56 and #62, respectively. The 1500 M Freestyle will be placed and scored by Age Group. Swimmers in the 800/1500 M Freestyle MUST provide one (1) timer for three (3) heats, and must provide their own lap counters.

SUNDAY, AUGUST 3rd. 9 AM START. Warm up – 7:30 AM

Girls	JO MIN	AGE	EVENT	JO MIN	Boys
71	Enter Relays On Special Form	10/UN	200 M Fr Rly	Enter Relays On Special Form	72
73		11-12	400 M Fr Rly		74
75		13-14	400 M Fr Rly		76
77		15 & UP	400 M Fr Rly		78
79		10/UN	200 M Md. Rly		80
81		11-12	200 M Md. Rly		82
83		13-14	200 M Md. Rly		84
85		15 & UP	200 M Md. Rly		86
87		11-12	200 M Fr Rly		88
89		13-14	200 M Fr Rly		90
91		15 & UP	200 M Fr Rly		92
93		11-12	400 M Md. Rly		94
95		13-14	400 M Md. Rly		96
97		15 & UP	400 M Md. Rly		98
99	13-14	800 M Fr Rly	100		
101	15 & UP	800 M Fr Rly	102		

***2008 Summer JOS -
"BLUE" Meet Sponsored by MVN
MOTEL/HOTELS***

Several hotels include breakfast.

COURTYARD BY MARRIOTT
23175 Avenida de la Carlota
Laguna Hills, CA 92653
(800) 228-9290
(949) 859-5500

COURTYARD BY MARRIOTT
27492 Portola Parkway
Foothill Ranch, CA 92610
(800) 228-9290
(949) 951-5700

HILTON GARDEN INN
27082 Towne Center Drive
Foothill Ranch, CA 92610
(949) 859-4000

COUNTRY SUITES by AYRES
28941 Los Alisos Blvd.
Mission Viejo, CA 92692
(949) 455-2545
(888) 329-0227