

**2009 SOUTHERN CALIFORNIA SWIMMING**  
**“BLUE” SUMMER JUNIOR OLYMPIC CHAMPIONSHIPS**

hosted by

Canyons Aquatics Club

Santa Clarita Aquatics Center, Santa Clarita. July 29th through August 2nd, 2009.

**SANCTION # 09-153**

**HY-TEK ENTRY VIA THE INTERNET (E-MAIL) IS ENCOURAGED.**

**THE E-MAILED ENTRY MUST INCLUDE BOTH THE ELECTRONIC ENTRY FILE (HY3)**

**AND A PDF FILE OF THE TEXT ELECTRONIC ENTRY ELECTRONICALLY SIGNED BY THE COACH,**

**ENTRY CHECK TO BE POSTMARKED WITHIN 48 HOURS.**

**HY-TEK DISK ENTRY ACCOMPANIED BY SIGNED HARD COPY AND A SINGLE TEAM CHECK, AND INDIVIDUAL BLUE CARDS WILL BE ACCEPTED.**

- OPEN TO:** Southern California Swimming members affiliated or training with teams assigned the **BLUE** meet designation.
- ELIGIBILITY:** OPEN ONLY TO 2009 SOUTHERN CALIFORNIA SWIMMING, USA Swimming REGISTERED SWIMMERS, who have met the SCS Summer JO time standard in each event entered. Registration application must be received by SCS prior to the first day of the meet and may be submitted with entry. There are substantial penalties to swimmers and club (see the 2009 SCS Swim Guide), if USA Swimming registration is completed at the meet.
- DIRECTIONS:** **Santa Clarita Aquatics Center.** 20850 Centre Point Parkway, Santa Clarita, CA 91381  
14 Freeway South- Exit Rt. 14 on Golden Valley Road, at the top of ramp, turn right on Golden Valley Rd., continue for approximately 2.5 miles, right on Centre Point Parkway. Right second driveway.  
14 Freeway North- Exit Rt. 14 on Golden Valley Road, at the top of ramp, turn Left on Golden Valley Rd., continue for approximately 2.5 miles, right on Centre Point Parkway. Right second driveway.
- COURSE:** Competition pool is an outdoor, international depth, eight-lane 50 meter course with an adjacent eight lane SCY warm-up pool. This competition course has been certified in accordance with 104.2.2 (C).
- WARM UP:** The competition pool will be available for warm up at 7:30am each day of the competition. Separate 25 yd. warm up areas will be available throughout the competition. SCS warm up policy will be enforced.
- RULES:** USA Swimming Rules will govern the conduct of this meet. Current SCS procedures be in effect and take precedence over any errors or omissions on this form. Swimmers must check-in with the Clerk of Course for each event. After an event is closed a swimmer may not check-in or scratch. **If entries warrant, the preliminaries will run “in chase” from both ends of the pool.**
- In SCS age group events, a swimmer’s suit may not extend past shoulder or the kneecap. Swimsuits worn in all Age Group competition (as defined by USA Swimming) shall not extend past the top of the shoulder (the acromial process (a triangular projection of the scapula)), and shall not extend further down each leg than the top of the kneecap (patella). Swimsuits worn in all Age Group competition shall not be constructed of any polyurethane or neoprene material, except post-manufacturing logos and decorations.**
- Swimmers must compete in their age group; age as of July 29th, 2009 determines the age for the meet.
- MEET REFEREE/ OFFICIALS:** **The Meet Referee is in charge of the conduct of the meet. The SCS Officials Chairman will appoint deck officials.**
- MEET START TIMES:** Preliminaries and Relay sessions will begin at 9:00 a.m. Finals sessions will begin no sooner than 2 hours after the completion of the final heat of the preliminary session. THE FIRST FOUR EVENTS each day will close for check-in 40 minutes before the posted start time of the meet that day.
- DISTANCE EVENTS:** The 800 and 1500 meter freestyle are 'timed finals' with all age groups combined and standard seeding. Events will be swum fastest to slowest, alternating girls' and boys' heats. Swimmers must provide (1) timer to time a minimum of (3) heats in order to compete in these events. Please see event sequence for order of swims. **If entries warrant, the 800 and/or 1500 meter freestyle events will be swum two swimmers per lane.**

**EVENT LIMIT:** You may enter all events that meet qualifying time standards. Swimmers may swim a **MAXIMUM of Three (3)** individual events per day, but may swim **NO MORE than SIX** individual events for the meet.

**COMBINED EVENTS:** The 13/14 and 15 & UP events will be combined for PRELIMS and TIMED FINALS (excluding relays). FINALS will be swum, scored, and awarded by age group.

**SUBMITTED TIMES:** Submit ACTUAL times achieved for each event. If Standard is achieved in LONG COURSE METERS, enter event with LONG COURSE METER time, indicated on entry by "L". If Standard is achieved in SHORT COURSE YARDS, enter event with SHORT COURSE YARD time, indicated on entry by "Y". YARD TIMES WILL BE SEEDER AFTER METER QUALIFIERS. If using a blue card, time on front of card must be clearly marked with either "L" or "Y" with proof of time yards/meters on the back of the card. If entering electronically, "L" or "Y" must be indicated on proof of time sheet. (See 2009 SCS Swim Guide or [www.socalswim.org](http://www.socalswim.org) for SHORT COURSE YARD time standards.) Time standards must have been achieved on or after Sept. 1st, 2007 and must be verifiable. Meets outside SCS or non USA Swimming meets are provable only with official results subject to SCS approval. (Refer to 2009 SCS Swim Guide.) **As a reminder: no updated times will be accepted after the meet entry deadline.**

**PROOF OF TIME:** This is a proof of time meet. All entry times will be verified through the USA Swimming SWIMS times database. An unverified entry time must be proven prior to the beginning of the competition or the swimmer or relay will be scratched from that event. Only swimmers and/or relay teams with verified times will be seeded. Entry times not proven by the scratch deadline shall be subject to the "Responsibility Clause" in the USA Swimming Rules & Regulations (207.8.3)

**DISABLED SWIMMER ENTRY:** A swimmer with a disability may enter a 200 meter event (except the 200 IM), if her/his 100 meter entry time qualifies for the 200 meter event; likewise a 400 meter event if her/his 200 meter time qualifies for the 400 meter event. A swimmer so entered shall be seeded in the slowest heat and swim the lesser distance.

**ENTRIES DUE:** Entries must be postmarked by no later than **Monday, July 20th. Relays must be pre-entered by coaches with provable times.** Hand delivered entries received at address below by 8:00 PM Wednesday, July 22nd will be accepted. **NO LATE ENTRIES** will be accepted. All entries not meeting the deadline **WILL BE REJECTED**. Notice – Entry stamped with a post office meter machine will be accepted if it arrives three days after the entry deadline. To avoid any concern regarding receipt of entry card enclose a self-addressed stamped envelope or postcard. **No certified, registered, special delivery, or mail requiring a signature will be accepted.** Receipt of entry will not be confirmed by phone -or- by email. Note: keep a copy of entry form for your records.

**CHANGE OF AFFILIATION:** Before the meet a swimmer may change affiliation by submitting a CLUB TRANSFER form and the appropriate fee to the SCS office. At the meet, a swimmer may UNATTACH by notifying the Administrative Referee in writing and paying the appropriate fee. A swimmer may not attach or reattach at the meet.

**AWARDS:**

Individual:	1st-8th places, custom medals. 9th-16th place, certificates.
Relays:	1st-3rd place teams, custom medals.
Team:	1st-6th awards for girls/boys/combined team.

**SCORING:**

Individual:	20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
Relays:	40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

**RELAYS:** All relays will be swum Sunday, August 2nd. A \$10.00 fee must accompany all relay entries. Relays must be pre-entered with provable times included on the relay entry form. RELAY ONLY swimmers must pay the \$10.00 surcharge per swimmer. Entry deadline for the relay entry form is the same as individual entries. Refunds for relay entry fees according to SCS rules only.

A club may enter one relay in an event meeting the listed "soft standard," provided it enters only one relay. A club entering more than one relay in an event, must meet the listed "hard standard" for each relay entered. **ALL relays for each event must be proven.**

**TIME TRIALS:** Sanction# 09-154  
Will be swum provided both BLUE and RED meets can offer Time Trials between the am/pm session of selected days, time permitting. 3 events per day limit applies (JO events + Time Trials = 3 events per day or less). Deck Entered. Entry fee is \$10.00 per event, no refunds after seeding. Open only to 2009 SCS swimmers who are entered in at least 1 individual event or relay in the JO's. The Administrative Referee will determine the order of events. NO Time Trials will be held on Sunday, August 2nd.

**ENTRY FEES:** \$4.25 per individual event. \$10.00 surcharge per swimmer.  
\$10.00 per relay event. \$10.00 surcharge each for relay only swimmers.  
IF HY-TEK ENTRY IS MADE VIA THE INTERNET (EMAIL), THE TEAM CHECK MUST BE POSTMARKED WITHIN  
48 HOURS OF THE EMAIL DATE STAMP.

**Notice: This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.**

MAKE CHECKS PAYABLE TO **SOUTHERN CALIFORNIA SWIMMING** AND MAIL TO:

Alina de Armas  
PO Box 63  
Simi Valley, CA 93062  
805-522-4134  
email: [dearmas1@gmail.com](mailto:dearmas1@gmail.com)  
Hand deliver to: 2724 Loraine Pl. Simi Valley, CA 93065

**NO REFUNDS.**  
**RETURNED CHECKS** will incur a service fee per SCS policy.

## **2009 SCS "BLUE" SUMMER JO CHAMPIONSHIPS hosted by CANY HOTEL INFORMATION**

Canyons has contracted with several hotels for this event from 4 star accommodation to budget friendly favorites. If you would like to make a block booking for your team, please contact us at: [info@canyons.org](mailto:info@canyons.org) so we can put you in touch with the right person.

### **LA QUINTA INN AND SUITES**

25201 The Old Road

Stevenson Ranch, CA 91381

Phone: (661)286-1111

The La Quinta Inn & Suites Santa Clarita is one of the newest hotels in the Santa Clarita Valley. With modern amenities such as free wireless high-speed Internet access and a delicious complimentary continental breakfast with eggs and sausage, the all-new 100% non smoking La Quinta Inn & Suites Santa Clarita - Stevenson Ranch will satisfy your every need. Each spacious guest room also features a microwave, refrigerator, coffee maker, hairdryer, iron with ironing board, and more.

RATES: \$109/night--Please reference: Jr. Olympics Summer Event

### **HYATT VALENCIA**

24500 Town Center Drive

Valencia, California, USA 91355

Telephone: (661) 799-1234

Hyatt Valencia hotel is the perfect place to stay. From the front door, you are within walking distance of Santa Clarita's best shopping, dining and entertainment and minutes from the Aquatic Center. This is Santa Clarita's only 4 star hotel offering the most comfortable rooms in town.

RATES: \$119/night

### **EMBASSY SUITES VALENCIA**

28508 Westinghouse Place

Valencia, CA 91355

Telephone: (661) 257-3111

This is a new 156-guestroom all-suite hotel. Amenities include: Two 37" LCD LG High-Def TV's in all Suites, Complimentary Breakfast Cooked-to-Order, High-Speed Internet Access (Wireless & Wired available throughout hotel), Fitness Center, Pool & Hot Tub, Manager's Reception, Grove Restaurant & Bar

RATES: \$109/night - King Suite with a pull out couch

RATES: \$129/night - Twin Doubles with a pull out couch

# SOUTHERN CALIFORNIA SWIMMING

## 2009 JUNIOR OLYMPIC SUMMER CHAMPIONSHIPS

### ORDER OF EVENTS

#### WEDNESDAY, JULY 29th. 9 AM START. Warm up – 7:30 AM

Girls	JO MIN	AGE	EVENT	JO MIN	Boy
1	1:22.30	11-12	100 M Back	1:22.80	2
3	2:45.20	13-14	200 M Back	2:42.30	4
	2:41.10	15 & UP	200 M Back	2:32.00	
5	1:20.20	11-12	100 M Fly	1:21.00	6
7	2:52.10	13-14	200 M Fly	2:46.20	8
	2:44.70	15 & UP	200 M Fly	2:32.30	
9	1:09.50	11-12	100 M Free	1:10.00	10
11	1:06.10	13-14	100 M Free	1:03.20	12
	1:03.60	15 & UP	100 M Free	58.30	
13	10:33.60	13-14	800 M Free*	10:21.00	14
	10:17.50	15 & UP	800 M Free *	9:48.40	

\* NOTE: The 800 M Freestyle (timed final) will be combined, swum Fastest to Slowest, alternating Girls and Boys, with the Fastest Heat of Girls and Boys swimming during the Finals session . The 800 M Freestyle will be placed and scored by Age Group. Swimmers in the 800/1500 M Freestyle MUST provide one (1) timer for three (3) heats, and must provide their own lap counters. **800 M FREE will close for seeding by time at 10:00 a.m.** The event will be closed to swim (1) hour prior to the event swimming.

#### THURSDAY, JULY 30th. 9 AM START. Warm up – 7:30 AM

Girls	JO MIN	AGE	EVENT	JO MIN	Boy
15	1:36.00	10/UN	100 M Fly	1:36.20	16
17	2:23.20	13-14	200 M Free	2:16.90	18
	2:17.80	15 & UP	200 M Free	2:07.20	
19	2:52.10	10/UN	200 M Free	2:51.70	20
21	2:30.80	11-12	200 M Free	2:31.10	22
23	1:33.10	10/UN	100 M Back	1:33.70	24
25	5:47.60	13-14	400 M IM	5:39.50	26
	5:41.60	15 & UP	400 M IM	5:22.70	
27	48.40	10/UN	50 M Breast	50.30	28
29	42.00	11-12	50 M Breast	43.00	30
31	1:26.30	13-14	100 M Breast	1:23.10	32
	1:24.60	15 & UP	100 M Breast	1:18.00	

#### FRIDAY, JULY 31st. 9 AM START. Warm up – 7:30 AM

Girls	JO MIN	AGE	EVENT	JO MIN	Boy
33	1:19.40	10/UN	100 M Free	1:19.30	34
35	5:18.00	11-12	400 M Free	5:24.70	36
37	5:01.70	13-14	400 M Free	4:52.80	38
	4:52.50	15 & UP	400 M Free	4:33.80	
39	40.70	10/UN	50 M Fly	40.60	40
41	35.30	11-12	50 M Fly	35.60	42
43	1:14.20	13-14	100 M Fly	1:11.00	44
	1:11.20	15 & UP	100 M Fly	1:03.90	
45	3:15.40	10/UN	200 M IM	3:15.20	46
47	2:51.70	11-12	200 M IM	2:51.00	48

49

2:41.80	13-14	200 M IM	2:36.20
2:37.70	15 & UP	200 M IM	2:25.30

50

#### SATURDAY, AUGUST 1st. 9 AM START. Warm up – 7:30 AM

Girls	JO MIN	AGE	EVENT	JO MIN	Boys
51	1:45.80	10/UN	100 M Breast	1:47.70	52
53	1:32.00	11-12	100 M Breast	1:33.50	54
55	3:05.40	13-14	200 M Breast	3:01.00	56
	3:04.70	15 & UP	200 M Breast	2:52.40	
57	43.40	10/UN	50 M Back	43.30	58
59	37.20	11-12	50 M Back	38.40	60
61	1:16.50	13-14	100 M Back	1:15.20	62
	1:14.80	15 & UP	100 M Back	1:08.90	
63	35.90	10/UN	50 M Free	36.00	64
65	31.80	11-12	50 M Free	31.80	66
67	30.50	13-14	50 M Free	28.90	68
	29.50	15 & UP	50 M Free	26.90	
69	20:19.20	13-14	1500 M Free **	20:00.30	70
	20:03.00	15 & UP	1500 M Free**	19:07.60	

\*\* NOTE: The 1500 M Freestyle (timed final) will be combined, swum Fastest to Slowest, alternating Girls and Boys, with the Fastest Heat of Girls and Boys swimming during the Finals session after events #56 and #62, respectively. The 1500 M Freestyle will be placed and scored by Age Group. Swimmers in the 800/1500 M Freestyle MUST provide one (1) timer for three (3) heats, and must provide their own lap counters.

#### SUNDAY, AUGUST 2nd. 9 AM START. Warm up – 7:30 AM

Girls	JO MIN	AGE	EVENT	JO MIN	Boys
71	Enter Relays On Special Form	10/UN	200 M Fr Rly	Enter Relays On Special Form	72
73		11-12	400 M Fr Rly		74
75		13-14	400 M Fr Rly		76
77		15 & UP	400 M Fr Rly		78
79		10/UN	200 M Md. Rly		80
81		11-12	200 M Md. Rly		82
83		13-14	200 M Md. Rly		84
85		15 & UP	200 M Md. Rly		86
87		11-12	200 M Fr Rly		88
89		13-14	200 M Fr Rly		90
91		15 & UP	200 M Fr Rly		92
93		11-12	400 M Md. Rly		94
95		13-14	400 M Md. Rly		96
97		15 & UP	400 M Md. Rly		98
99		13-14	800 M Fr Rly		100
101		15 & UP	800 M Fr Rly		102

**SOUTHERN CALIFORNIA SWIMMING AND CANYONS AQUATICS  
2009 LONG COURSE "BLUE" JUNIOR OLYMPICS**

**12 AND UNDER RELAY ENTRY FORM – Entries due Monday, July 20th, 2009**

Team Name: \_\_\_\_\_ SCS Code: \_\_\_\_\_  
 Coach \_\_\_\_\_ Phone (day) \_\_\_\_\_ (night) \_\_\_\_\_ (email) \_\_\_\_\_

Total number relays entered: \_\_\_\_\_ X \$10.00 = \$ \_\_\_\_\_  
 Total number relay-only swimmers entered \_\_\_\_\_ X \$10.00 = \$ \_\_\_\_\_  
 TOTAL = \$ \_\_\_\_\_

Mail entries and fees for BLUE meet (at CANY) to:  
 Alina de Armas  
 PO Box #63, Simi Valley, CA 93062

**GIRLS' RELAY EVENTS** A club may enter one relay in an event meeting the listed "soft standard," provided it enters only one relay. A club entering more than one relay in an event, must meet the listed "hard standard" for each relay entered. **ALL relays for each event must be proven.** Hy-tek entries providing proof of time do not have to use this entry form.

	EVENT #71 10-UN 200 M FREE RELAY	EVENT #73 11-12 400 M FREE RELAY	EVENT #79 10-UN 200 M MED. RELAY	EVENT #81 11-12 200 M MED. RELAY	EVENT #87 11-12 200 M FREE RELAY	EVENT #93 11-12 400 M MED. RELAY
	TIME STDS SOFT 2:30.80 HARD 2:27.20	TIME STDS SOFT 4:52.60 HARD 4:45.60	TIME STDS SOFT 2:56.60 HARD 2:52.40	TIME STDS SOFT 2:34.50 HARD 2:30.80	TIME STDS SOFT 2:13.60 HARD 2:10.40	TIME STDS SOFT 5:40.60 HARD 5:32.50
A						
B						
C						
D						
E						
F						
G						
H						

**BOYS' RELAY EVENTS** A club may enter one relay in an event meeting the listed "soft standard," provided it enters only one relay. A club entering more than one relay in an event, must meet the listed "hard standard" for each relay entered. **ALL relays for each event must be proven.**

Hy-tek entries providing proof of time do not have to use this entry form.

	EVENT #72 10-UN 200 M FREE RELAY	EVENT #74 11-12 400 M FREE RELAY	EVENT #80 10-UN 200 M MED. RELAY	EVENT #82 11-12 200 M MED. RELAY	EVENT #88 11-12 200 M FREE RELAY	EVENT #94 11-12 400 M MED. RELAY
	TIME STDS SOFT 2:30.80 HARD 2:27.20	TIME STDS SOFT 4:55.10 HARD 4:48.10	TIME STDS SOFT 2:57.20 HARD 2:53.00	TIME STDS SOFT 2:36.40 HARD 2:32.70	TIME STDS SOFT 2:13.60 HARD 2:10.40	TIME STDS SOFT 5:44.90 HARD 5:36.70
A						
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